



TELEPHONE DIRECTORY

KENDRIYA SAINIK BOARD

DEPARTMENT OF EX-SERVICEMEN WELFARE
MINISTRY OF DEFENCE
NEW DELHI

VOL. 4



FOREWORD

1. This 2020 edition of '**Telephone Directory**' of Kendriya Sainik Board., Department of Ex-servicemen Welfare, Ministry of Defence, New Delhi provides necessary information on contact details of officials and locations of all Rajya Sainik Boards and Zila Sainik Boards in States/UTs across the country.
2. I am sanguine that this book will be a great help to the all RSB/ZSBs in States/ UTs and ESM Community.

A handwritten signature in blue ink, appearing to read 'Mrigendra Kumar', with a long horizontal stroke extending to the right.

Place: New Delhi
Date: 1st July, 2020

(Mrigendra Kumar)
Brigadier
Secretary, KSB

EDITORIAL TEAM



Chief Editor

Sub Major (Hony Capt) B Geeta Rao (Retd) was enrolled in Army Ordnance Corps (AOC) in May 1985 and retired on May 2013. Since 2013 he has been working with complete dedication with the Policy Section of Kendriya Sainik Board.



Asst. Editor

Hav Babulal (Retd) was enrolled in Electronics Mechanical Engineering (EME) in Mar 1987 and retired on Mar 2011. Since 2012 he has been working with complete dedication with the Policy Section of Kendriya Sainik Board.

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MINISTRY OF DEFENCE

S. No.	Name	Designation	Tele No
1	Shri Rajnath Singh	RM	23012286 (O) 23019030 (O) 23015403 (O)
2	Shri Shripad Yeso Naik	RRM	23792128 (O) 23016255 (O) 23794621 (O)
3	Shri Dr Ajay Kumar	Def Secy	23012380 (O) 23010044 (F)
4	Shri Ravikant, IAS	Secy (ESW)	23792913 (O) 23792914 (F)
5	Smt Gagi Kaul, IA & AS Def (Fin)	FA Def Services/Secy,	23016654 (O) 23016629 (F)
6	Shri Pudi Hari Prasad,	JS (ESW)	23011804 23015933
7	Dr. PP Sharma	OSD(Res-II)	23015772
8	Shri Jitender Kumar	Dy Secy (Res-I)	23015529
9	Smt. Suman Sharma	US (Res-I)	23793365
10	Shri AK Karn	US (WE)/(Res-I)	23014946
11	Shri V Giridharan	US (I&C) / (Res-II)	23012593
12	Shri Aibaran Singh	US(Res-II)	23012675
13	Shri Ashok Kumar	D (Pen/Pol)	23012973

REHABILITATION INSTITUTIONS

PRC Mohali	:	0172-2225352/ 172-2271103
PRC Kirkee	:	020-25820505, 3195(Army)
Cheshire Home Delhi	:	26311069, 26115435
QMTI Pune	:	020-25816779, 25824979
Cheshire Home Lucknow	:	0522-2622304
Raphael Ryder Cheshire	:	135-2674901, 2676091
International Centre		

ESM ASSOCIATIONS

Indian Ex-Service League (IESL)	:	011-26113669
Air Force Association	:	011-23015732
Disabled War Veterans (INDIA)	:	011 - 41315492
National Ex-Servicemen Co-ordination Committee (NExCC)	:	08702951640 09433022334

KENDRIYA SAINIK BOARD SECRETARIAT
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SI No	Name	Designation	Tele No & Email ID
1	Brig Mrigendra Kumar, SM	Secretary	26192361 (O) 26192362 (F) secretaryksb@gmail.com
2	Capt. (IN) Rakesh Shukla	JD (Policy)	26188098 jdpolicyksb@gmail.com
3	Col RS Deswal	JD (Welfare)	26192359 jdwelfareksb-mod@gov.in
4	Cdr Anupam Sharma	JD (Grievances)	26179109 jdgrievancesksb-mod@gmail.com
5	Lt Col N Thapliyal	JD (Adm & Coord)	26192360 jdamcordksb@gmail.com
6	L t Col Mohit Mishra	JD (Automation)	26180646 jdautomationksb-mod@gov.in
7	Cdr Anupam Sharma	JD (PMSS)	26713623 jdpmssksb-mod@gov.in
8	Shri Rakesh Gulati, IDAS	JD (Accounts)	26192360 jdacctksb@gmail.com

Postal Address

The Secretary
Kendriya Sainik Board
West Block-IV, Wing -VII
RK Puram, New Delhi - 110066

LIST OF CHIEF SECRETARIES OF STATES/UTS
--

SI No	State/UT	Designation & Address	Telephone No
1	Andhra Pradesh	Shri L. V. Subrahmanyam, IAS Chief Secretary Building No 1, Room No 1, AP Secretariat, Velagapudi, Guntur, Andhra Pradesh -522 238	0863-2441024 0863-2441025 0863-2441026 0863-2441029 (F) cs@ap.gov.in chiefsecretary-ap@ap.gov.in
2	Arunachal Pradesh	Shri Satya Gopal, IAS Chief Secretary Govt of Arunachal Pradesh, Itanagar -791 111	0360-2212595 (O) 0360-2211187 (O) 0360-2212446 (F)
3	Assam	Shri Kumar Sanjay Krishana, IAS Chief Secretary Govt of Assam, Dispur Guwahati - 781 006	0361-2237200 (F) 0361-2261403
4	Bihar	Shri Deepak Kumar, IAS Chief Secretary Govt of Bihar Main Secretariat Patna - 800015	0612-2215804 0612-2217085 (F) cs-bihar@nic.in
5	Chhattisgarh	Shri Sunil Kumar Kujur, IAS Chief Secretary Govt of Chhattigarh, Mantralaya, S-4, 21 Mahanadi Bhawan Nava Raipur Atal Nagar, Raipur (CG), - 492002	0771-2510207 (O) 0771-2221207 (O) 0771-2221208 (O) 0771-2221206 (F) 0771-2425091 (R) 94252-08500 (M) cgoffice.cg@gov.in
6	Delhi	Shri Vijay Kumar Dev, IAS Chief Secretary Govt of NCT of Delhi Delhi Secretariat I.P. Estate, Delhi - 110002	011-23392100 (O) 011-23392102 (O) csdelhi@nic.in
7	Goa	Shri Parimal Rai, IAS Chief Secretary Govt of Goa Secretariat Porvorim (Goa)	0832-2419401 (O) 0832-2419402 (O) 0832-2415201 (F) cs-goa@nic.in
8	Gujarat	Shri Dr J.N. Singh, IAS Chief Secretary Govt of Gujarat, 1st Block, 5th Floor Sachivalaya Gandhinagar - 382020 Gujarat	079-23250301 (O) 079-23250305 (F) 079-23250303 (O) 079-23250302 (O) chiefsecretary@gujarat.gov.in

9	Haryana	Smt Keshni Anand Arora Chief Secretary Govt of Haryana	0172-2740118 (O) 0172-2740317 (F) cs@hry.nic.in
10	Himachal Pradesh	Shri Shrikant Baldi, IAS Chief Secretary Govt of HP Shimla - 171002	0177-2621022 0177-2621813 cs-hp@nic.in
11	Jammu & Kashmir (UT)	Shri B. V. R. Subrahmanyam, IAS Chief Secretary Jammu (Winter) Civil Sectt Srinagar (Summer) Srinagar Jammu	0194-2506033 (O) 0194-2506133 (F) 0191-2546773 (O) 0191-2546188 (F) cs-j&k@nic.co.in
12	Ladakh (UT)	Shri Umang Narula, IAS Adviser to Hon'ble Lt Governor UT Secretariat, Leh Ladakh	01982-257562
13	Jharkhand	Shri D. K. Tiwari, IAS Chief Secretary Project Bhawan, Dhurwa, Ranchi, Govt of Jharkhand Ranchi-834004	0651-2400240 0651-2400250 0651-2400255 (F) cs-jharkhand.nic.in
14	Karnataka	Shri Vijay Bhaskar T. M., IAS Chief Secretary Govt of Karnataka Vidhansoudha Banglore - 560001	080-22252442 (O) 080-22258913 (F) cs@karnataka.gov.in
15	Kerala	Shri Tom Jose, IAS Chief Secretary Govt of Kerala Government Secretariat Thiruvananthapuram-695001	0471-2333147 (O) 0471-2327176 (F) chiefsecy@kerala.gov.in
16	Madhya Pradesh	Shri SR Mohanty, IAS Chief Secretary Govt of MP, Mantralaya Vallabh Bhawan, Bhopal	0755-2441370 (O) 0755-2441848 (O) 0755-2551521 (F) cs@mp.nic.in
17	Maharashtra	Shri Ajoy Mehta, IAS Chief Secretary Govt of Maharashtra Mantralaya	022-22025042 (O) 022-22028762 (O) cs@maharashtra.gov.in
18	Manipur	Mumbai - 400032 Shri J. Suresh Babu, IAS Chief Secretary Imphal, Manipur	0385-221144 (O) 0385-220064 (O)

19	Meghalaya	Shri M.S. Rao, IAS Chief Secretary Main Secretariat Building Shillong - 793001	0364-2224801 (O) 0364-2225978 (F) p.s.thangkhiew@gmail.com
20	Mizoram	Shri Lalnunmawia Chuaungo, IAS Chief Secretary Goct of Mizoram, Aizawal	0398-2322411 (O) 0389-2322429 (O) 0389-2322545 (F) cas_miz@rediffmail.com
21	Nagaland	Shri Temjen Toy, IAS Chief Secretary Govt of Nagaland Civil Secretariat Kohima - 797001	0370-2270082 (O) 0370-2270076 (O) 0370-2270057 (F) csnlg@nic.in
22	Odisha	Shri Asit Tripathy, IAS Chief Secretary to Govt of Odisha, General Administrative & Public Grievance Deptt, State Secretariate, Odisha Bhubaneshwar - 751001	0674-2536700 (O) 0674-2534300 (O) 0674-2536660 (F) cs-ori@nic.in
23	Punjab	Shri. Karan Avtar Singh, IAS Chief Secretary Govt of Punjab Punjab Civil Secretariat Sector 1, Chandigarh	0172-2740608 0172-2740860 spscm2017@gmail.com
24	Rajasthan	Shri D. B. Gupta, IAS Chief Secretary Govt of Rajasthan Secretariat Jaipur	0141-2227254 (O) 0141-2385892 (F) 0141-2561324 (R) 09928944425 (M)
25	Sikkim	Shri Alok K Shrivastava, IAS Chief Secretary Govt of Sikkim New Secretariat Gangtok - 737101 Sikkim	03592-202315 (O) 03592-202323 (F) cs-skm@hub.nic.in
26	Tamil Nadu	Shri K. Shanmugam, IAS Chief Secretary Govt of Tamil Nadu Secretariat Chennai - 600009	044-25671565 044-25672304 cs@tn.gov.tn.in
27	Telangana	Shri Somesh Kumar, IAS Chief Secretary Govt of Telangana Telangana Secretariat Hyderabad - 500022	040-2345 2620 (O) 040-2345 5340 (O) 040-2345 3700 (F) cs@telangana.gov.in

28	Tripura	Shri Manoj Kumar, IAS Chief Secretary Govt of Tripura Civil Secretariat PO Agartala, West Tripura	0381-2413200 (O) 0381-2414392 (O) 0381-2414013 (F) 09560927975 (M) cs-tripura@nic.in cstripura@gmail.com
29	Uttarakhand	Shri Utpal Kumar Singh, IAS Chief Secretary Govt of Uttarakhand Dehradun - 248001	0135-2712100 (O) 0135-2712200 (O) 0135-2712500 (F) cs-uttarakhand@nic.in
30	Uttar Pradesh	Shri Rajendra Kumar Tiwari, IAS Chief Secretary Govt of Uttar Pradesh Lok Bhawan, Uttar Pradesh Lucknow - 226001	0522-2238212 (O) 0522-2236296 (O) 0522-2239461 (F) 0522-2239283 (F) csup@nic.in
31	West Bengal	Shri Malay De, IAS Chief Secretary Govt of West Bengal 'Nabanna', 253, Sarat Chatterjee Road Howrah - 700001	033-22145858 (O) 033-22144328 (F) cs-westbengal@nic.in
32	Anadman & Nicobar (UT)	Shri Chetan Bhushan Sanghi, IAS Chief Secretary A & N Administrator Secretary Port Blair - 744101	03192-233227 03192-233087
33	Chandigarh (UT)	Shri Manoj Kumar Parida, IAS Adviser to Administrator UT, Chandigarh, UT Secretariat Sector-9, Chandigarh	0172-2740154 (O) 0172-2740165 (F) 0172-2794794 (R) adviser-chd@nic.in
34	Puducherry (UT)	Shri. Ashwani Kumar, IAS Goubert Avenue Puducherry - 605001	0413-2334145 (O) 0413-2335512 (O) 0413-2337575 (F) cs.pontnic.in

DEPTT OF SAINIK WELFARE/RAJYA SAINIK BOARDS
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SI No	No of ZSBs	Office/District	Name, Designation & Address	Telephone No.
1	13	Directorate of Sainik Welfare	<u>ANDHRA PRADESH</u> Director, Sainik Welfare, Andhra Pradesh H.No 32 -14-2C Opp-Shiva Appartment Near Shivalayam Moghalrajapuram Vijayawada-520010	0866-2471233 ((T/F) 0866-2473331 9177000036 (M) sainikwelfare-ap@nic.in apsainik@gmail.com
2	00	Deptt of Relief, Rehabilitation & Settlement	<u>ARUNACHAL PRADESH</u> Director Disaster Management Govt of Arunachal Pradesh New Itanagar -791110	0360-2212282 (O) 0360-2213615 (F) arun01ddm@gmail.com
3	19	Deptt of Sainik Welfare	<u>ASSAM</u> Directorate of Sainik Welfare Sainik Bhavan, House No. 74 Lachit Nagar, Guwahati - 7 Pin- 781 007 (Assam)	0361-2522229 (T/F) 08414859281 (M) rsbassam@gmail.com
4	09	Deptt of Sainik Welfare	<u>BIHAR</u> Director , Sainik Kalyan Nideshalaya, Main Secretariat Block-2, 2nd Floor Bihar, Patna-800015	0612-2217013 09422044402 (M) directorsknbihar@gmail.com
5	10	Deptt of Sainik Welfare	<u>CHHATTISGARH</u> Director Dte of Sainik Welfare, Shashtri Chowk Near CMO Office Raipur (CG)- 492001	0771-2445165 (O) 0771-2430084 (F) 0771-4901929 (R) 09425538488 (M) dirsw.cg@gmail.com
6	00	Deptt of Sainik Welfare	<u>GOA</u> Secretary Deptt of Sainik Welfare, Collectorate Building, Panaji - 403 001	0832-2227138 (T/F) 9420686834 (M) secyrsbgoa@gmail.com secy-dsw.goa@nic.in

SI No	No of ZSBs	Office/District	Name, Designation & Address	Telephone No.
7	09	Directorate of Sainik Welfare and Resettlement	<u>GUJARAT</u> Director, Directorate of Sainik welfare and Resettlement, Gujarat State Gaurav Senani Bhavan, Shahibaug- Airport Road, Shahibaug, Ahmedabad-380004	079-22868347-51 079-22868346 (F) 9099066864 (M) rsb_guj@rediffmail.com
8	20	Sainik and Ardh Sainik Welfare Department	<u>HARYANA</u> Director, Sainik and Ardh Sainik Welfare Department Room No 67, 4th Floor, Haryana Civil Secretariat, Chandigarh	0172-2741494 (O) 0172-2703490 (F) 09815425714 (M) dept.sasw-hry@nic.in
9	10	Deptt of Sainik Welfare	<u>HIMACHAL PRADESH</u> Director Deptt of Sainik Welfare Govt of Himachal Pradesh Hamirpur - 177 001	01972-221854 (O) 01972-225643 (F) dir-sw-hp@nic.in
10	15	Deptt of Sainik Welfare	<u>JAMMU KASHMIR & Ladakh (UTs)</u> Director Deptt of Sainik Welfare Ambphalla Jammu-180005 Jammu & Kashmir	0191-2561547 (O) 0191-2575362 (F) 09419216663 (M) directorsw-11@jk.gov.in
11	06	Sainik Kalyan Nideshalaya	<u>JHARKHAND</u> Director Sainik Kalyan Nideshalaya Ranchi (Jharkhand)	9973572590 9546180624 jharkhand_skn@yahoo.in
12	13	Deptt of Sainik Welfare	<u>KARNATAKA</u> Director Deptt of Sainik Welfare & Resettlement Fd Mshl KM Cariappa Bhavan No 58, Fd Mshl KM Cariappa Road, Bangalore - 560 025	080-25589459 (T/F) 09449888085 (M) dirdswrblr@gmail.com

SI No	No of ZSBs	Office/District	Name, Designation & Address	Telephone No.
13	14	Deptt of Sainik Welfare	<u>KERALA</u> Director Deptt of Sainik Welfare Vikas Bhavan Thiruvananthapuram Pin code -693033	0471-2304980 0471-2303654 0471-2302655 dswkerala@gmail.com
14	24	Deptt of Sainik Welfare	<u>MADHYA PRADESH</u> Director Deptt of Sainik Welfare Southern Shopping Centre, Guru Teg Bahadur Complex TT Nagar, New Market P.B.NO 364 Bhopal - 462003	0755-2553992 (O) 0755-2577209 (F) 9971905621 dirrsb@mp.gov.in
15	33	Deptt of Sainik Welfare	<u>MAHARASHTRA</u> Director Deptt of Sainik Welfare Maharashtra State 'Raigad' Building Opp National War Memorial Solapur Road, Ghorpadi Pune - 411 001	020-71002601 020-71002600 dir.dsw@maharashtra.gov.in
16	02	Rajya Sainik Board	<u>MANIPUR</u> Secretary Rajya Sainik Board Sainik Rest House Opp. Lamphel Police Station, P.O. Lamphel - 795 004 (Manipur)	0385-2416228 (O) 08415902084 (M) rsb.manipur@rediffmail.com
17	02	Dte of Sainik Welfare	<u>MEGHALAYA</u> Director Directorate of Sainik Welfare, Administrative Building, Lower Lachumiere, Shillong - 1	0364-2225613 (T)/(F) 9436733959 (M) rsbmegha@rediff.com
18	04	Deptt of Sainik Welfare	<u>MIZORAM</u> Director Deptt of Sainik Welfare & Resettlement, Tuikual 'A', PB No.119, Aizawl - 796 001	0389-2322732 (T)(F) 9862789780 (M) rsb_mzr@yahoo.in

SI No	No of ZSBs	Office/District	Name, Designation & Address	Telephone No.
19	05	Rajya Sainik Board	<u>NAGALAND</u> Director Directorate of Sainik Welfare and Resettlement Kohima Home Deptt, Govt. of Nagaland sepfuzou Colony above Alder College, High School Road PO Kohima - 797 001	0370-2260150 (O) 0370-2260150 (F) 8258023928 (M) swr.directorngl@yahoo.com secyrsb-ngl@nic.in rajeevdong@gmail.com
20	08	Rajya Sainik Board	<u>ODISHA</u> Secretary Rajya Sainik Board, Nageswar Tangi, Lewis Road Bhubaneshwar-751 002	0674-2971077 (O) 0674-2432268 (F) 09437492288 (M) secyrsbbbsr@gmail.com
21	22	Deptt of Sainik Welfare	<u>PUNJAB</u> Director Defence Services Welfare-cum-Secretary Rajya Sainik Board Punjab Sainik Bhawan, Sector 21-D Chandigarh - 160 022	0172- 2701845 (O) 0172- 2707345 (F) 09797477099 (M) dswpb@rediffmail.com
22	24	Sainik Kalyan Vibhag	<u>RAJASTHAN</u> Director Sainik Kalyan Vibhag Secretariat Building North Block Jaipur - 302 005	0141-2227650 (O) 09414064695 (M) rajasthan.sainik@rajasthan.gov.in
23	03	Rajya Sainik Board	<u>SIKKIM</u> Secretary Rajya Sainik Board, Govt of Sikkim PS Road Gangtok - 737 101	03592-233564 (O) 03592-221456 (F) 8170005757 (M) dawasikkim@gmail.com rsbgangtok@gmail.com
24	27	Deptt of Sainik Welfare	<u>TAMIL NADU</u> Director, Rajya Sainik Board Dte of ExServicemen's Welfare 22, Raja Muthiah Salai, Choolai Chennai-600 003	044-26692256 044-26691886 09442107209 (M) exweldte@tn.gov.in

SI No	No of ZSBs	Office/District	Name, Designation & Address	Telephone No.
25	10	Deptt of Sainik Welfare	<u>TELANGANA</u> Director Sainik Welfare, 2nd Floor, Sainik Aramghar Complex Suryanagar Colony Somajiguda Hyderabad - 500 082	040-23423211 (O) 040-23423288 (O) 7893550033 (M) directorrsb-ts@nic.in
26	00	Directorate of Sainik Welfare,	<u>TRIPURA</u> Director, Directorate of Sainik Welfare, Tripura Nehru Office Complex Gorkhabasti, P.O. Kunjaban Agartala - 799 006 West Tripura	0381-2351235 (O) 0381-2326507 09402140066 (M) rsb.tripura@gmail.com dirdsw-tr@gov.in
27	14	Dte of Sainik Kalyan Evam Punarvas	<u>UTTARAKHAND</u> Director Sainik Kalyan, Evam Punarvas , Uttarakhand 15C Kalidaas Marg PO- Haathibadkala Dehradun-248001	0135-2744208 (O) 0135-2743773 (F) 09818535587 (M) dir.soldier-uk@nic.in
28	74	Sainik Kalyan Evam Punarvas	<u>UTTAR PRADESH</u> Director, Directorate Sainik Kalyan Evam Puranvas Cariappa Bhawan Kaiserbagh Lucknow-226001	0522-2623909 (O) 0522-2625354 (O) 07839553200 (M) dirskpnl-u@nic.in
29	13	Rajya Sainik Board	<u>WEST BENGAL</u> Secretary, Rajya Sainik Board, Block 'IV' (First Floor) Writers' Buildings Kolkata - 700 001	033-22141347 (O) 033-22144643 (F) 09874535628 (M) rsb-wb@gov.in rsbkolkata@yahoo.com rajyasainikboardwest bengal@gmail.com
30	00	Rajya Sainik Board	<u>ANDAMAN & NICOBAR ISLANDS (UT)</u> Secretary Rajya Sainik Board Veer Senani Bhawan, J.N. Road, Haddo Port Blair - 744 101	03192-235621 (T/F) 09933266495 (M) secretaryrsbandnic@gmail.com dharamgodra@yahoo.com

SI No	No of ZSBs	Office/ District	Name, Designation & Address	Telephone No.
31	00	Zila Sainik Welfare Office	<u>CHANDIGARH (UT)</u> Secretary Zila Sainik Welfare Office (UT) Opposite Aroma Hotel Sector 21-D, Chandigarh Pin - 160022	0172-2701947 (O) 0172-2721947 (O) 09871754669 (M) zswochd@gmail.com sainikwelfare@chd.nic.in
32	00	Rajya Sainik Board	<u>DELHI</u> Secretary, Rajya Sainik Board 4th Floor, Tower Block, ISBT, Kashmiri gate, Delhi - 110006	011-23861360 (O) 011-23861876 (F) 08985481668 (M) rsbdelhi@nic.in
33	00	Rajya Sainik Board Director	<u>PUDUCHERRY (UT)</u> Deptt of Sainik Welfare 261, Lawspet Main Road, Pakkamudianpet, Puducherry - 605 008	0413-2250575 0413-2253107 (O) dirdsw.pon@nic.in

ZILA SAINIK WELFARE OFFICERS/ZILA SAINIK BOARD

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
ANDHRA PRADESH				
1.	1	Anantapuramu	Zilla Sainik Welfare Officer Sainik Bhavan Near Clock Tower Anantapuramu - 515001	08554-241146 zswopar-ap@nic.in
2.	2	Chittoor	Zilla Sainik Welfare Officer, D.No.4-479, C.B. Road, Greampet Chittoor - 517 002	08572-228682 zswoctr@nic.in
3.	3	EastGodavari @Kakinada	Zilla Sainik Welfare Officer Sainik Bhavan, Treasury Compound Kakinada - 533 001 East Godavari District	0884-2375308 zswoggo-ap@nic.in
4.	4	Guntur	Zilla Sainik Welfare Officer, Sainik Bhavan Opp Hindu College Guntur - 522 001	0863-2225853 zswogtr-ap@nic.in
5.	5	Kadapa	Zilla Sainik Welfare Officer Sainik Bhavan Opp APS RTC Bus-stand Kadapa - 516 002	08562-244558 zswocud-ap@nic.in
6.	6	Krishna@Vijayawada	Zilla Sainik Welfare Officer Indira Gandhi Municipal Complex Labbipet Vijayawada - 520010	0866-2473330 zswokri-ap@nic.in
7.	7	Kurnool	Zilla Sainik Welfare Officer, Sainik Bhavan, B- Camp B- Camp Kurnool - 518 002	08518-229445 zswoknl@yahoo.in zswoknl-ap@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
8.	8	Prakasam Ongole	Zilla Sainik Welfare Officer, 8th Portion, Ground Floor Old RIM Hospital Bhavan Opp: Collector Office Ongole- 523 001	08592-233086 zswoprk-ap@nic.in
9.	9	SPS Nellore	Zilla Sainik Welfare Officer Sainik Bhavan, Kondapalem Gate Centre, Dargamitta, SPSR Nellore - 524 004	0861-2328419 zswonel-ap@nic.in
10.	10	Srikakulam	Zilla Sainik Welfare Officer Pedda Relli Veedhi , Near St. Joseph School Srikakulam - 532 001	08942-227688 zswosrk-ap@nic.in
11.	11	Visakhapatnam	Zilla Sainik Welfare Officer Sainik Bhavan, LIG-71, D.No. 4-56-2/2 Lawson bay Colony, Post Office Road, Near Krishna Temple Behind Ushodaya Road Visakhapatnam - 530017	0891-2706511 08922-274743 zswovis-ap@ nic.in
12.	12	Vizianagaram	Zilla Sainik Welfare Officer Sainik Bhavan Cantonment Post Vizianagaram (Pin - 531 202)	08922-274743 zswoviz-ap@nic.in
13.	13	West Godavari @ Eluru	Zilla Sainik Welfare Officer Zila Sainik Welfare Office, D.No.11-212, 6th Road Behind State Bank of India Sri Ram Nagar, Eluru - 534 003	08812-253687 zswowgo@nic.in
ASSAM				
14.	1.	Cachar	Zila Sainik Welfare Officer Zila Sainik Welfare Office, Park Road Silchar PO.& Dist- Silchar Pin - 788001	03842-231115 cacharzs@gmail.com
15.	2.	Dibrugarh	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex PO/Dist - Dibrugarh Pin - 786 003	0373-2310083 dsbdib@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
16.	3.	Dhubri	Zila Sainik Welfare Officer, Zila Sainik Welfare Office In Front of DC Office PO Dhubri - 783301	03662-232662 zswodhubri2016@gmail.com
17.	4.	Jorhat	Zila Sainik Welfare Officer Zila Sainik Welfare Office, DC Office Complex Distt Jorhat - 785 001	03762-309317 zsw.jorhat@gmail.com
18.	5.	Kamrup	Zila Sainik Welfare Officer Zila Sainik Welfare Office Kamrup, Guwahati-01 C/o Office of the Deputy Commissioner, Kamrup (Metro), Guwahati - 781 001	0361-2733147 zswokamrup@gmail.com
19.	6.	Kokrajahar	Zila Sainik Welfare Officer Zila Sainik Welfare Office RNB Road (Near Head Post Office) Kokrajahar - 783 370	0366-1270025 zilasainik.welfare@gmail.com
20	7.	Karbi Anglong	Zila Sainik Welfare Officer Zila Sainik Welfare Office Karbi Anglong Po - Dipu Pin - 782 460	0367-1274981 8638940640 (M) zsbkarbianglong@ gmail.com
21.	8.	Lakhimpur	Zila Sainik Welfare Officer Zila Sainik Welfare Office, North Lakhimpur - 787 001 zsb-nlp@gmail.com	03752-242228 06900060167
22.	9.	Nagaon	Zila Sainik Welfare Officer Zila Sainik Welfare Office, P.O.Nagaon - 782 001	03672-233665 zswonagaon@gmail.com
23.	10.	Sonitpur	Zila Sainik Welfare Officer Welfare Office, Dist Sonitpur PO Tezpur - 784 001	03712-233977 (O) zswotezpur@gmail.com
24.	11.	Barpeta	Zila Sainik Welfare Officer Zila Sainik Welfare Office, DC Office Complex Dist Barpeta- 781 301	03665- 252193 (O) zswobarpeta@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
25.	12.	Goalpara	Zila Sainik Welfare Officer, Zila Sainik Welfare Office Distt Goalpara - 783 101	03663-240223 (O) zsbgoalpara@gmail.com
26.	13.	Darrang	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO- Mangaldai Dist Darrang Pin-784 152	03713-225899 (O) zswodarrang@gmail.com
27.	14.	Karimganj	Zila Sainik Welfare Officer Zila Sainik Welfare Office Dist Karimganj Pin-788710	03843-260248 (O) zswokarimganj@gmail.com
28.	15.	Kamrup (Rural)	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO - Amingaon Dist Kamrup (R) Pin - 781 031	0361-2680050 zswokamrupr@gmail.com
29.	16.	Bongaigaon	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO - Bongaigaon Dist - Bongaigaon Pin - 783 380	zswobongaigaon@gmail.com
30.	17.	Sivasagar	Zila Sainik Welfare Officer Zila Sainik Welfare Office DC Office Complex PO - Sivasagar Dist - Sivasagar Pin - 785 640	08638199322 zswosivasagar@gmail.com
31.	18.	Golaghat	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, DC Office Complex PO - Golaghat Dist - Golaghat Pin - 785 621	0377- 4282026 zswogolaghat@gmail.com
32.	19.	Hailakandi	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex PO - Hailakandi Dist - Hailakandi Pin - 788 151	0384-4222380 zswohailakandi@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
BIHAR				
33.	1.	Bhojpur	Zila Sainik Kalyan Karyalaya Kutchehri Road Ara-802301	0612-2217013 zskkbhojpur@gmail.com
34.	2.	Bhagalpur	Zila Sainik Kalyan Karyalaya Tilka Manjhi Bhagalpur - 812 001	0641-2400821 zskbhagalpur@gmail.com
35.	3.	Chapra	Zila Sainik Kalyan Karyalaya, New Bus Stand, Chapra - 841301	06152-236714 zsw.saran@gmail.com
36.	4.	Darbhanga	Zila Sainik Kalyan Karyalaya C/o Collectorate Darbhanga - 846001	06272-243728 zsboarddarbhanga@gmail.com
37.	5.	Gaya	Zila Sainik Kalyan Karyalaya Gaya - 823001	0631-2421708 zskkgaya@gmail.com
38.	6.	Motihari	Zila Sainik Kalyan Karyalaya Motihari - 845401	06252-238278 zskkmotihari@gmail.com
39.	7.	Munger	Zila Sainik Kalyan Karyalaya Munger	06344-227345 zskkmunger@gmail.com
40.	8.	Muzaffarpur	Zila Sainik Kalyan Karyalaya Muzaffarpur	0621-2215373 zskkmuz@gmail.com
41.	9.	Patna	Zila Sainik Kalyan Karyalaya Patna-801503	06115-229978 zskkptm123@gmail.com
CHHATTISGARH				
42.	1.	Bilaspur	District Sainik Welfare Officer, Near Colletorate Parisar Bilaspur (CG) -495 004	07752-422121 (O) 07752-422121 (F) zsk.bsp.cg@gmail.com
43.	2.	Durg	District Sainik Welfare Officer, Raipur Naka, Near BSNL Tower, Durg (CG) - 491 001	0788-2219939 (O) 0788-2219939 (F) 08333856295 (M) dswd.durg@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
44.	3.	Jagdapur	District Sainik Welfare Officer, Surbhi Kunj, Near Balram Press, Balaji Ward, Jagdapur, Bastar (CG)- 494001	07782-231347 (O) 07782-231347 (F) dswojdp@gmail.com
45.	4.	Raipur	District Sainik Welfare Officer, Shashtri Chowk Near CMO Office Raipur (CG) - 492001	0771-2427449 (O) 0771-2427449(F) dsworaiipur@gmail.com
46.	5.	Rajnand-gaon	District Sainik Welfare Officer, Near PWD Rest House Rajnandgaon (CG) - 491 441	07744-226862 (O) 07744-226862 (F) dsworjn.cg@nic.in
47.	6.	Jashpur	District Sainik Welfare Officer, State Ware House Complex, Cheer Bagicha, Jashpur (CG) - 496 331	07763-220954 (O) 07763-220954 (F) jspdsw@gmail.com
48.	7.	Ambikapur (Sarguja)	District Sainik Welfare Officer, Collectorate Campus Ambikapur, Surguja (CG) - 497 001	07774-221721 (O) 07774-221721 (F) zsb.ambikapur@gmail.com
49.	8.	Baikunthpur	District Sainik Welfare Officer, Collectorate Campus Baikunthpur, Korea (CG) - 497 335	07836-234021 (O) 07836-234021 (F) dswobkpur@gmail.com
50.	9.	Kanker	District Sainik Welfare Officer, Old Kacheri Parisha Kanker (CG) - 494334	07587-455691 (O) 07587-455691 (F) dswoknk.@gmail.com
51.	10.	Raigarh	District Sainik Welfare Officer, Collectorate Parisar Raigarh (CG) - 496001	07762- 223190 (O) 07762-223190 (F) dsworig.@gmail.com
GUJARAT				
52.	1.	Ahmedabad	District Sainik Welfare and Resettlement Office, Gaurav Senani Kumar Bhawan, B/h TV Tower Bodakdev, Ahmedabad -380054	079-26851382 zsb_abd@rediffmail.com
53.	2.	Vadodara	District Sainik Welfare and Resettlement Office Military Boys Hostel Building, Chhani Sama Road Crossing Vadodara - 390024	0265-2772666 zsb_vdr@rediffmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
54.	3.	Jamnagar	District Sainik Welfare and Resettlement Office, Lal Bungalow Sankul Jamnagar-361001	0288-2558311 jamnagar@ewdiffmail.com
55.	4.	Surat	District Sainik Welfare and Resettlement Office, Gaurav Senani Bhawan Near Abhinandan Residency, Opp Hare Krishna Diamond, Sarthana Jakatnaka, Surat - 395 006	0261-2913820 (O)/(F) 09426802820 zsb_srt@rediffmail.com
56.	5.	Rajkot	District Sainik Welfare and Resettlement Office, Sainik Aramgruh Building Near RUDA Office Opp Police HQ Rajkot-360001	0281 - 2476825 zsb_rjt@rediffmail.com
57.	6.	Sabarkantha (Himatnagar)	District Sainik Welfare and Resettlement Office, C Block, First Floor Bahumali Bhawan, Jilla, Seva Sadan, Himatnagar-383001 District - Sabarkantha	02772-246630 zsb-hmt@rediddmail.com
58.	7.	Kutchh (Bhuj)	District Sainik Welfare and Resettlement Office, 114, Seva Sadan, Bhuj - 370001 Dist - Kutchh - Bhuj	02832 - 221085 (O)/(F) zsb_ktc@rediffmail.com
59.	8.	Mahesana	District Sainik Welfare and Resettlement Office, Block No.-2, 3rd Floor, Raj Mahel Road Mahesana - 384001	02762- 220235 zsb_msn@rediffmail.com
60	9.	Panchmahal (Godhara)	District Sainik Welfare and Resettlement Office, Room No 32, 3rd Floor, Jilla Seva Sadan, Godhara - 389 001 District - Panchmahal	02672-240580 zsb_god@rediffmail.com
HARYANA				
61.	1.	Ambala	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House, Ambala Cantt - 133001 Distt. Ambala (Haryana)	0171-2640557 amb.sainik-hry@gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
62.	2.	Bhiwani	Secretary, Sainik and Ardh Sainik Welfare Office Railway Road Bhiwani - 125 021	01664-243538 (O) zsbhbw.sasw-hry @ gov.in
63.	3.	Faridabad	Secretary, Sainik and Ardh Sainik Welfare Office, Sector -16, Faridabad - 121001	0129-2287304(O) 0129 - 2589089 (O) zsbfd.sasw-hry @ gov.in
64.	4.	Fatehabad	Secretary, Sainik and Ardh Sainik Welfare Office, 24-A,Industrial Area Fatehabad (Haryana)	01667-224219 (O) zsbftb.sasw-hry@gov.in
65.	5.	Gurgaon	Secretary, Sainik and Ardh Sainik Welfare Office, Opp Apna Bazar, Civil Lines, Gurgaon - 122001	0124-2320730 (O) zsbgrg.sasw-hry @ gov.in
66.	6.	Hisar	Secretary, Sainik and Ardh Sainik Welfare Office, Near Old Court Road, Hissar (Haryana)	01662-272901 (O) zsbhsr.sasw-hry@gov.in
67.	7.	Jhajjar	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Jhajjar (Haryana) - 124103	01251-254236 (O) zsbjrr.sasw-hry@gov.in
68.	8.	Jind	Secretary, Sainik and Ardh Sainik Welfare Office , Sainik Rest House, Jind - 126102	01681-245254 (O) zsbjnd.sasw-hry @ gov.in
69.	9.	Kaithal	Secretary, Sainik and Ardh Sainik Welfare Office, Bldg No.761/13, Amargarh Gamri, Opp Gali No. 3 Kaithal - 132 027	01746-223731 (O) zsbktl.sasw-hry @ gov.in
70.	10.	Karnal	Secretary, Sainik and Ardh Sainik Welfare Office, Near Distt Session Court, Old GT Road, Karnal - 132801	0184-2272589 (O) zsbkrl.sasw-hry@gov.in

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71.	11.	Kurukshetra	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Complex, Kurukshetra - 132118	01744-220922 (O) zsbkkr.sasw-hry@gov.in
72.	12.	Narnaul	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House, Near Bus Stand Narnaul - 123001	01282-250259 (O) zsbnrl.sasw.hry@gov.in
73.	13.	Panchkula	Secretary, Sainik and Ardh Sainik Welfare Office, 227, B Block, Yojana Bhawan, Sec - 04 Panchkula -134 017 (Haryana)	0172-2584213 (O) zsbpkl.sasw-hry@gov.in
74.	14.	Panipat	Secretary, Sainik and Ardh Sainik Welfare Office, Kothi No.118, Adarsh Nagar, Near Post Office, CSD Canteen, Panipat - 132 103	0180-2650311 (O) zsbnpn.sasw-hry@gov.in
75.	15.	Rewari	Secretary, Sainik and Ardh Sainik Welfare Office, Sainik Rest House Rewari - 123 401	01274-224341 (O) 01274-261411(O) 01274-260850 zsbwr.sasw-hry@gov.in
76.	16.	Rohtak	Secretary Sainik and Ardh Sainik Welfare Office, Civil Lines, Opp Chhotu Ram Park, Rohtak -124001	01262-242687 (O) 09466565363 zsbroh.sasw-hry@gov.in
77.	17.	Sirsa	Secretary, Sainik and Ardh Sainik Welfare Office, Barnala Road, Near Police Line Sirsa-125055	0166-297545 (O) zsbprs.sasw-hry @ gov.in
78.	18.	Sonepat	Secretary, Sainik and Ardh Sainik Welfare Office, Gohana Road, Near Police Lines Sonepet - 131001	0130-2242659 (O) zsbpsn.sasw-hry@ gov.in

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79.	19.	Yamuna Nagar	Secretary, Sainik and Ardh Sainik Welfare Office, Near Panchayat Bahwan, Yamuna Nagar-135001	01732-211892 (O)/(F) zsbynr.sasw-hry@gov.in
80.	20.	Palwal	Secretary, Sainik and Ardh Sainik Welfare Office, Old Court Complex, Palwal	01275-240313 zsbpwl.sasw-hry@gov.in
HIMACHAL PRADESH				
81.	1.	Bilaspur	Deputy Director Zila Sainik, Welfare Office Bilaspur Pin - 174 029 (H.P)	01978-222343 zswofficebilaspur@gmail.com
82.	2.	Chamba	Deputy Director Zila Sainik Welfare Office Chamba - 176314 dswochamba@gmail.com	01899-222357
83.	3.	Hamirpur	Deputy Director Zila Sainik, Welfare Office Hamirpur - 177 001 (H.P)	01972-222334 sainikwelfarehamirpur@gmail.com
84.	4.	Kangra at- Dhar-mashala	Deputy Director Zila Sainik Welfare Office Kangra at Dharamshala Pin- 176215	01892-223279 Deputydirectorsw.kan@gmail.com
85.	5.	Kullu & Lahaul spiti	Deputy Director Zila Sainik Welfare Office Kullu - 175101 (HP)	01902-222272 kullusainikwelfare@gmail.com
86.	6.	Mandi	Deputy Director Zila Sainik Welfare Office Vijay Palace Colony Mandi (HP) - 175001	01905-222120 ddrsw@gmail.com
87.	7.	Shimla +Kinnaur	Deputy Director Zila Sainik Welfare Office Longwood, Shimla - 171001 (HP)	0177-2658586 ddswsml@gmail.com
88.	8.	Sirmour at Nahan	Deputy Director Zila Sainik Welfare Office Sirmour At Nahan - 173001	01702-222551 zswonahan123@gmail.com
89.	9.	Solan	Deputy Director Zila Sainik Welfare Office The Mall, Solan (HP) - 173212	01792-223764 sainik-sol-hp@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
90.	10.	Una	Deputy Director Zila Sainik Welfare Deptt Una (HP) - 174303 ddswouna@gmail.com	01975-226090
JAMMU & KASHMIR AND LADAKH (UTs)				
91.	1.	Baramulla, Bandipora,	Zila Sainik Welfare Office Premises of DC Office Near Bus Stand Baramulla-193101 (J & K)	01952-238539 (O) zswobla-11@jk.gov.in
92.	2.	Kupwara	Zila Sainik Welfare Office Kupwara Near Tourist Centre, Kupwara - 193222	01955-252116 (O) zswokupwa29-11@jk.gov.in
93.	3.	Doda, Ramban, Kishtwar	Zila Sainik Welfare Office Near PWD Dak Bangalow Doda - 182 202 (J & K)	01996-233553 09622224078 zswododa-11@jk.gov.in
94.	4.	Jammu	Zila Sainik Welfare Office, Ambphalla, Jammu Pin - 180 005 (J & K)	0191-2546273 09419245967 zswoswd@jk.gov.in
95.	5.	Kathua	Zila Sainik Welfare Office Near Govt Hr.Sec.School (Boys) Kathua - 184101 (J & K)	01922-234785 08547183400 zswokathua-11@jk.gov.in
96.	6.	Leh	Zila Sainik Welfare Office, Opp SP Office Leh (Ladakh) Pin - 194 101 (J & K)	01982-252270 01982-252270 (F) 09906040511 (M) zswoleh-11@jk.gov.in zswokargil-11@jk.gov.in
97.	7.	Kargil	Zila Sainik Welfare Office Near New Bus Stand Kargil	zswokargil-11@jk.gov.in
98.	8.	Poonch	Zila Sainik Welfare Office, Near Bus Stand, Poonch Pin -185101 (J & K)	01965-220161 (O) 9622397933 (M) zswopoonch-11@jk.gov.in
99.	9.	Rajouri	Zila Sainik Welfare Office, Jawahar Nagar, Rajouri (Phir Ganju) Pin -185132 (J & K)	01962-263350 (O) 8717069824 (M) zsworajouri-11@jk.gov.in
100.	10	Samba	Zila Sainik Welfare Office, Ward No. 8, Samba-184 121 (J & K)	01923-246868 (O) 9874488871 (M) zswosamba-11@jk.gov.in

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101.	11.	Srinagar, Budgam, Ganderbal, Anantnag, Kulgam, Pulawama, Shopian.	Zila Sainik Welfare Office, Batamaloo Road, Srinagar Pin-190010 (J & K)	0194-2474728 (O) 09419080532 (M) zswosgr-11@jk.gov.in
102.	12.	Udhampur Adarsh Colony, Udhampur Pin - 182 101 (J & K)	Zila Sainik Welfare Office 9419147314 (M) zswoudhampur-11@jk.gov.in	01992-271338 (O)
103.	13.	Reasi	Zila Sainik Welfare Office Reasi C/o Stn HQ, Reasi	zsworeasi-11@jk.gov.in
104.	14.	RS Pura	Zila Sainik Welfare Office RS Pura At present attach with ZSWO, Jammu	zsworspura-11@jk.gov.in
105.	15.	Akhnoor	Zila Sainik Welfare Office Akhnoor At present attach with ZSWO, Jammu	zswoakhnoor-11@jk.gov.in
JHARKHAND				
106.	1.	Chaibasa	Zila Sainik Kalyan Karyalaya, Court Compound, West Singhbhum, Chaibasa - 833201	06582-259545 zilasainikchaibasa@gmail.com
107.	2.	Dumka	Zila Sainik Kalyan Karyalaya, Court Compound, Dumka-814101	06434-237027 zskkdumka@yahoo.in
108.	3.	Hazaribagh	Zila Sainik Kalyan Karyalaya, Multipurpose Building, Near Private Bus Stand Hazaribagh- 825301	06546-267767 zskkhazaribagh@yahoo.in
109.	4.	Ranchi	Zila Sainik Kalyan Karyalaya, Sainik Bazar, Main Road Ranchi, Pin - 834001	0651-2330159 zskkranchi@yahoo.in
110.	5.	Gumla	Zila Sainik Kalyan Karyalaya, Sashtri Nagar, Gumla, Jharkhand	06524- 221129 zskkgumla@yahoo.in
111.	6.	Medininagar	C/o Deputy Commissioner Colloectorate Building Medininagar Palamu - 822 101 (Jharkhand)	8207771428 (M) zskkmedininagar@yahoo.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
KARNATAKA				
112.	1.	Bangaluru (Urban)	Joint Director Deptt. of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No 58, Fd Mshl KM Cariappa Road, Bangaluru (Urban Dist) Pin - 560025	080-25585119 sainikblr@rediffmail.com
113.	2.	Bangaluru (Rural) + Chikkaballapur, Kolar, Ramnagar& Tumkur	Dy Director Deptt of Sainik Welfare & Resettlement, Fd Mshl KM Cariappa Bhavan, No.58, Fd Marshal KM Cariappa Road, Bangaluru (Rural) Pin - 560025	080-25588718 sainikrural@rediffmail.com
114.	3.	Kalburagi, Raichur, Bindar, Yadgiri	Dy Director Dept of Sainik Welfare & Resettelment, Vikas Bhavan Complex, (Mini Vidhana Soudha) Station Road, Kalburagi Pin - 585102	08472-225003 sainikwelfareglb@yahoo.com
115.	4.	Vijayapura	Dy Director, Deptt of Sainik Welfare & Resettlement Distt Office Building Vijayapura Pin - 586 101	08352-250913 sainikwelfare_bijapur@yahoo.co.in
116.	5.	Bagalkot and Koppal	Dy Director Dept of Sainik Welfare & Resettlement, Dist Administration Building, Ground Floor (Near Post Office) Bagalkot Pin - 587101	08354-235434 bagalkot.dswr4@gmail.com
117.	6.	Belgavi	Joint Director Deptt of Sainik Welfare & Resettlement Court Compound, Belgavi - 590 001	0831-2469341 sainikwelfarebelgaum@yahoo.in
118.	7.	Dharwad Haveri Bellary Gadag	Dy Deptt of Sainik Welfare & Resettlement DC's Office Compound Dharwad - 580 001	0836-2440176 sainikwelfaredd@yahoo.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
119.	8.	Uttara Kannada	Dy Deptt of Sainik Welfare & Resettlement, M.G. Road, Karwar, Uttara Kannada, District - 581301	08382-226538 sainik.kwr@gmail.com
120.	9.	Dakshina Kannada & Udupi	Joint Director Deptt of Sainik Welfare & Resettlement, Sainik Rest House Building, Urva Stores Ashok Nagar - PO Mangalore - 575006	0824-2450933 dydirsdwrmlre@yahoo.com
121.	10.	Kodagu	Joint Director Deptt of Sainik Welfare & Resettlement, Canara Bank Building, Main Road, Madikeri Pin - 571201	08272-229866 jtdirectordswrmdk@yahoo.com
122.	11.	Shivamogga Chitradurga Davanagere	Dy Director Deptt of Sainik Welfare & Resettlement, K. Balaraj Urs Road Near DC's Residence, Shivamogga - 577201	08182-220925 soldiersshimoga @rediff mail.com
123.	12.	Hassan and Chikkamagalur	Dy Director Deptt of Sainik Welfare & Resettlement, 'Shree Vasvi Nilay' Shankaripur, 1st Cross, B M Road, Hassan - 573201	08172-250465 sainikwelfarehassan@in.com
124.	13.	Mysore Mandya Chamarajanagar	Dy Director Deptt of Sainik Welfare & Resettlement, Sqn Ldr AB Devaiah Bhavan, Near DC's Office, Mysore - 570005	0821-2425240 sainikwelfaremysore05@gmail.com
KERALA				
125.	1.	Alappuzha	Zila Sainik Welfare Office Arattuvazhi Road, Alappuzha-688 007	0477-2245673 (O) zswoalp@gmail.com
126.	2.	Eranakulam	Zila Sainik Welfare Office Civil Station, Kakkanad, Ernakulam-682 030	0484-2422239 (O) zswoekm@yahoo.com
127.	3.	Idukki	Zila Sainik Welfare Office Theruvan Towers Thodupuzha, Iddukki - 685584	0486-2222904 (O) zswoidukki@yahoo.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
128.	4.	Kannur	Zila Sainik Welfare Office Civil Station, Kannur-670002	0497-2700069 (O) zswokannur@gmail.com
129.	5.	Kasaragod	Zila Sainik Welfare Office, Civil Station PO, Vidya Nagar, Kasaragod - 671123	0499-4256860 (O) zswoksgd2@gmail.com
130.	6.	Kollam	Zila Sainik Welfare Office, Civil Station, Kollam-691013	0474-2792987 (O) zswokollam@yahoo.co.in
131.	7.	Kottayam	Zila Sainik Welfare Office, Manarcad (PO), Kottayam-686109	0481- 2371187 (O) zswoktym@gmail.com
132.	8.	Kozhikode	Zila Sainik Welfare Office Balan K Nair Road, Kozhikode - 673001	0495- 2771881 (O) kkdzswo@bsnl.in
133.	9.	Malappuram	Zila Sainik Welfare Office, Civil Station, Malappuram-676505	0483-2734932 (O) zswompm@gmail.com
134.	10.	Palakkad	Zila Sainik Welfare Office, Jaini Medu Vadakkanthara PO Palakkad-678013	0491-2971633 (O) zswopalakkad@gmail.com
135.	11.	Pathanamthitta	Zila Sainik Welfare Office, Collectorate, Pathanamthitta Pin - 689645	0468-2222104 (O) zswopta@gmail.com
136.	12.	Thiruvananthapuram	Zila Sainik Welfare Office, Vanchiyoor Thiruvananthapuram Pin- 695035	0471-2472748 (O) zswotvpm@gmail.com
137.	13.	Thrissur	Zila Sainik Welfare Office, Sainik Centre, Poothole Thrissur Pin-680004	0487- 2384037 (O) zswothrissur@gmail.com
138.	14.	Wayanad	Zila Sainik Welfare Office Kalpetta North PO, Wayanad-673001	04936-202668 (O) zswowyd@gmail.com
MADHYA PRADESH				
139.	1	Betul	Distt Sainik Welfare Office Near Shahni Super Market Gang, Tegor Ward, Betul - 460001	07141-230790 (O) dswobet@mp.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
140.	2	Bhind	Distt Sainik Welfare Office Mela Ground, Bhind-477001	07534-236379 (O) 09711202858 (M) dswobhi@mp.gov.in
141.	3.	Bhopal	Distt Sainik Welfare Office Sainik Rest House, Banganga Bhopal Pin - 462 003	0755-2556198 (O) 08308823195 (M) dswopho@mp.gov.in
142.	4.	Chhatarpur	Distt Sainik Welfare Office, H.No 527, Ward No 35, Gali No 4, Shanti Nagar Colony, Sagar Road Chhatapur - 471001	07682-245460 (O) 07682-245460 (F) dswocha@mp.gov.in
143.	5.	Chindwara	Distt Sainik Welfare Office Near Ekta Park, Nagpur Road Chindwara-480001	07162-242119 (O) 09981920255 (M) dsowchi@mp.gov.in
144.	6.	Katni	Distt Sainik Welfare Office H. No 799, Jagriti Colony Khirahni Katni (MP) - 483501	07622-223144 (O) dswodam@mp.gov.in
145.	7.	Gwalior	Distt Sainik Welfare Office Race Course Road, Near Sainik Petrol Pump, Gwalior - 474002	0751-2340878 (O) dswogwa@mp.gov.in
146.	8.	Khandwa	Distt Sainik Welfare Office Near Poorv Zila Panchayat Bhawan, Jail Road, Civil Lines, Khandwa-450001	0733-2228311 (O) 9425608605 (M) dswokhd@mp.gov.in
147.	9.	Indore	Distt Sainik Welfare Office, Jairam Pur Colony, Indore - 4502004	0731-2367319 (O) 09109726500 (M) dswound@mp.gov.in
148.	10.	Guna	Distt Sainik Welfare Officer Jail Road, Opp Akashwani Bhavan, Guna - 473001	07542-251010 (O) dswogun@mp.gov.in
149.	11.	Hosangabad	Distt Sainik Welfare Office Sainik Rest House, Behind Home Guard Office, Hoshangabad - 461 001	07574-254465 (O) dswohos@mp.gov.in
150.	12.	Jabalpur	Distt Sainik Welfare Office Katanga Colony, Narmada Road, Shaheed Raman Bakshi Marg, Jabalpur Pin - 482 001	0761-2667336 (O) 09655884049 (M) dswojab@mp.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
151.	13.	Mandsaur	Distt Sainik Welfare Office HDX-33, Street No. 2, Kitiyani, Mandasaur - 458 001	07422-256139 (O) 07773090404 (M) dswomas@mp.gov.in
152.	14.	Morena	Distt Sainik Welfare Office Near to Railway Over - Bridge Chauraha, MS Road Morena - 476 001	07532-226003 (O) dswomor-mp@nic.in
153.	15.	Narsinghpur	Distt Sainik Welfare Office H. No 268, Ward No 14, Gayadutt Ward Station Gunj, Narsinghpur-487001	07792-236328 (O) 09409267918 (M) dswonar@mp.gov.in
154.	16.	Ratlam	Distt Sainik Welfare Office, Sainik Rest House, Opp Home Guard Colony, Pratajp Nagar Ratlam- 457 001	07412-267111 (O) dsworat@mp.gov.in
155.	17.	Rewa	Distt Sainik Welfare Office, Sainik Rest House, In front of Sainik School, Civil Lines Rewa-486001	07662-254118 (O) 07415249145 (M) dsworewa@yahoo.in
156.	18.	Satna	Distt Sainik Welfare Office Sainik Rest House, Near Jawahar Nagar, Stadium/ Water Tank, Satna - 485 001	07672-222389 (O) 07440742053 (M) dswosat@mp.gov.in
157.	19.	Sagar	Distt Sainik Welfare Office, Collectorate Compound Sagar - 470 001	07582-225589 (O) dswosag@mp.gov.in
158.	20.	Seoni	Distt Sainik Welfare Office In front of Watika Restaurant, Near Benganga Heights, Bara Pathar, Seoni - 480 661	07692-222730 (O) 09479523959 (M) dswoseo@mp.gov.in
159.	21.	Shahdol	Distt Sainik Welfare Office, H No. 21, Behind Mawar Hospital, Shukhi Mohalla, Shahdol - 484774	07652-231946 (O) dswoshd@mp.gov.in
160.	22.	Sidhi	Distt Sainik Welfare Office Near Tilak Talkies, Maharana Pratap Road, Sidhi - 486 661	07822-250852 (O) 09007698804 (M) dswosid@mp.gov.in
161.	23.	Tikamgarh	Distt Sainik Welfare Office Room No.75, Collectorate, Tikamgarh - 472 001	07683-240709 (O) dswotik@mp.gov.in

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162.	24.	Ujjain	Distt Sainik Welfare Office Sainik Rest House, Kothi Palace, Near New Court Building, Vikram Nagar Road Ujjain - 456 010	0734-2511355 (O) 09654163248 (M) dswoujj@mp.gov.in
MAHARASHTRA				
163.	1.	Ahmed Nagar	Zila Sainik Welfare Office Ex-Servicemen Rest House Chandni Chowk Ahmednagar - 414 001	0241-2323160 (O) 9850893511 zsw_ahmednagar@maharashtra.gov.in
164.	2.	Akola	Zila Sainik Welfare Office Collector Office Compound Akola-444001	0724 -24333377 (O) zsw_akola@maharashtra.gov.in
165.	3.	Amravati	Zila Sainik Welfare Office Amravati Camp Dist. Amravati-444602	0721-2661126 (O) zsw_amravati@maharashtra.gov.in
166.	4.	Aurangabad	Zila Sainik Welfare Office Nandanvan Colony, Bhavsinghpura Road Aurangabad - 431203	0240-2370313 (O) 9767645831 zsw_aurangabad@maharashtra.gov.i
167.	5.	Bhandara Gondia	Zila Sainik Welfare Office, Mahasul Karmarachri Parisar Bhandara-440001	07184-250619 (O) zsw_bhandara@maharashtra.gov.in
168.	6.	Beed	Zila Sainik Welfare Office Near District Court Beed-431122	02442-222105 (O) zsw_beed@maharashtra.gov.in
169.	7.	Buldhana	Zila Sainik Welfare Office, "Sainiki Complex", Near ST Bus Stand Buldhana -443 001	07262-242208 (O) zsw_buldhana@maharashtra.gov.in
170.	8.	Chandrapur	Zila Sainik Welfare Office New Administrative Building, Chandrapur Pin- 442401	07172-257968 (O) zsw_chandrapur@maharashtra.gov.in
171.	9.	Dhule	Zila Sainik Welfare Office, Ex-servicemen Rest House Collector Office compound Dist. Dhule-424001	02562-237264 (O) 9422713756 zsw_dhule@maharashtra.gov.in
172.	10.	Gadchiroli	Office of the District Magistrate Zila Sainik Welfare Office, Gadchiroli	07172- 257698 (O) zsw_chandrapur@maharashtra.gov.in

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173.	11.	Jalgaon	Zila Sainik Welfare Office Collector Compound Jalgaon Pin - 425001	02482-2241414 (O) 99860142073 zsw_ jalgaon@maharashtra.gov.in
174.	12.	Jalna	Zila Sainik Welfare Office Opposite District Sports Sankul Beed Bypass Road Jalna - 431 203	02482-225201 (O) zsw_ jalna@maharashtra.gov.in
175.	13.	Kolhapur	Zila Sainik Welfare Office Collector Compound, Nagala Park Kolhapur - 416003	0231-2665812 (O) 9970856438 zsw_ kolhapur@maharashtra.gov.in
176.	14.	Latur	Zila Sainik Welfare Office, Sainik Sankul, Ambajogai Road, Front of MIMSR Medical College Latur - 413 512	02382-228544 (O) 9440483285 zsw_ latur@maharashtra.gov.in
177.	15.	Mumbai City	City Sainik, Welfare Office Old Custom House, Fort, Mumbai - 400001	022-22700404 (O) 022-23088011 (O) zawo_ mumbaicity@maharashtra.gov.in
178.	16.	Mumbai Upnagar	Zila Sainik Welfare Office Mumbai Suburban District Administrative Building, 9th Floor, Near Chetna College Govt Colony, Bandra (East), Mumbai - 400051	022-265552172 (O) zsw_ mumbaiupnagar@maharashtra.gov.in
179.	17.	Nasik	Zila Sainik Welfare Office Collector Office Compound Nasik - 422 002	0253-2577255 (O) 09869070211 zsw_ nasik@maharashtra.gov.in
180.	18.	Nagpur	Zila Sainik Welfare Office Administrative Building No.1, 3rd Floor,Civil Line, Nagpur- 440001	0712-2561133 (O) zsw_ nagpur@ maharashtra.gov.in
181.	19.	Parbhani Nanded	Zila Sainik Welfare Office Collectorate Compound Nanded- 431 602	02452-220340 (O) 9421323366 zsw_ parbhani@maharashtra.gov.in
182.	20.	Nandurbar	Zila Sainik Welfare Office, Collectorate Compound, Nandurbar	02562 - 237264 (O) 9422713756 zsw_ dhule@ maharashtra.gov.in
183.	21.	Osmanabad	Zila Sainik Welfare Office, Collector Office Compound Osmanabad - 413501	02472-222557 (O) 8007791070 zsw_ osmanabad@maharashtra.gov.in
184.	22.	Pune	Zila Sainik Welfare Office, Collector Office Compound, Pune- 411001	020-26122287 (O) zsw_ pune@maharashtra.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
185.	23.	Hingoli	Zila Sainik Welfare Office, Opposite Bachat Bhavan Stadium, Railway Station Road, Parbhani - 431401	07252-231088 (O) 09404975099 zswoparbhani@maharashtra.gov.in
186.	24.	Raigad	Zila Sainik Welfare Office, Near Lekha Kosh Office, Raigad - 402201	02141-222208 (O) 9822958901 zsworaigad@maharashtra.gov.in
187.	25.	Ratnagiri	Zila Sainik Welfare Office, Collector Office Compound Shivaji Nagar Ratnagiri - 415612	02352-222271 (O) zsworatnagiri@maharashtra.gov.in
188.	26.	Satara	Zila Sainik Welfare Office, Ajinkyatara Bldg, Povai Naka Satara - 415001	02162-239293 (O) zswosatara@maharashtra.gov.in
189.	27.	Sangli	Zila Sainik Welfare Office, Sangli Miraj Road, Pushkar Chowk Sangli - 416416	0233-2671711 (O) zswosangli@maharashtra.gov.in
190.	28.	Solapur	Zila Sainik Welfare Office Collector Office Compound Solapur - 413004	0217-2731035 (O) zswosolapur@maharashtra.gov.in
191.	29.	Sindhudurg	Zila Sainik Welfare Office, Main Administrative Building, C Block, 1st Floor, At + Post - Oras (BK), Tel. Kudal Dist Sindhudurg Pin-416812	02362-228820 (O) zswosindhudurg@maharashtra.gov.in
192.	30.	Thane Palghar	Zila Sainik Welfare Office, Collector Office, Room No. 402, 4th Floor, Tembhi Naka Thane - 400601	022-25343174 (O) zswothane@maharashtra.gov.in
193.	31.	Yavatmal (Yeotmal)	Zila Sainik Welfare Office Collector Office Compound Dist. Yavatmala - 445001	07232-245273 (O) zswoyavatmal@ maharashtra.gov.in
194.	32.	Wardha	Zila Sainik Welfare Office, Front side of Yashwant Mahavidhyalaya Wardha - 442 001	07152-248955 (O) 09850525353, 08826399033 zswowardha@maharashtra.gov.in

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195.	33.	Washim	Zila Sainik Welfare Office, Room No.206, Admin Bldg. Collector Office Compound, Washim - 444505	07252-230188 (O) 9850525353 zswowashim@maharashtra.gov.in
MANIPUR				
196.	1.	Imphal	Secretary, PO- Lamphel, Dist-Imphal West Manipur - 795004	0385-2416228 (O)
197.	2.	Churachandpur	Secretary Churachandpur	09856666350 (M)
MEGHALAYA				
198.	1.	Shillong +East Khasi Hills, West Khasi Hills, South West Khasi Hills, East Jaintia Hills, West Jaintia Hills, Ri Bhoi District.	Zila Sainik Welfare Office, Old NEC Building, East Khasi Hills, Shillong-793001	0364-2500459 (O) zsbshillong@gmail.com
199.	2.	Tura + West Garo Hills, East Garo Hills, South West Garo Hills, North Garo Hills, South Garo Hills	Zila Sainik Welfare Office O/o the Deputy Commissioner Complex, West Garo Hills, Tura Pin - 940002	3651-220022 zswtura@gmail.com
MIZORAM				
200.	1.	Aizawl (Mamit + Serchhip)	Zila Sainik Welfare & Resettlement Office, Sainik Rest House Building, Khatla, Aizawl, Mizoram Pin - 796 001	0389-2333131(O)/(F) zsbizawl@gmail.com
201.	2.	Lunglei (Siaha+Lawngtlai)	Deputy Director Zila Sainik Welfare & Resettlement Office, Distt. Lunglei -796 701	0372-2324737(O) 0372-2324737(F) zswllimiz@yahoo.in

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202.	3.	Kolasib	District Sainik Welfare & Resettlement Office Distt. Kolasib - 796081	03837-222265 (O)/(F) zsbkolasib11@gmail.com
203.	4.	Champhai	District Sainik Welfare & Resettlement Officer Zila Sainik Welfare & Resettlement Office Distt. Champhai Pin - 796321	03831-235517(O)/(F) zsb717@gmail.com
NAGALAND				
204.	1.	Dimapur	Zila Sainik Welfare Officer, Zila Sainik Welfare Office Walford Area, Near Rajbari, New Circuit House, Dimapur (Nagaland) Pin - 797112	9436275650 (M) tnksingh14@gmail.com
205.	2.	Kohima	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, Kohima DC's Office Complex, Kohima-797001	9485239273 (M) zilasainikkma@gmail.com
206.	3.	Mokokchung	Zila Sainik Welfare Officer, Zila Sainik Welfare Office, No 007, Majakong Ward Mokokchung Pin- 798601	09436893668 (M) 8132913470 (M) zsw0.mkg@gmail.com
207.	4.	Wokha	Zila Sainik Welfare Officer, Zila Sainik Welfare Office DC Office Complex Wokha PO Wokha - 797 111	8132863276 (M) 7005205152 (M) thomsong799@gmail.com
208.	5.	Zunheboto	Zila Sainik Welfare Office, Zila Sainik Welfare Office Zunheboto - 798620	7005162847 (M) pika_achumi@yahoo.co.in
ODISHA				
209.	1.	Cuttack	Secretary, Zila Sainik Board, Cuttack At Mission Road, PO - Buxi Bazar (Near the Samaj Office), Cuttack- 753001	0671-2420159 (O)/(F) zsbcuttack2016@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
210.	2.	Balasore	Secretary Zila Sainik Board, Balasore Brit Buildings, C&D Block, Firtst Floor, Sadar Thana, Chhak, OT Road, Balasore - 756 001	06782-261668 (O) zsbbalasore@gmail. com
211.	3.	Dhenkanal	Secretary, Zila Sainik Board, Dhenkanal, At Kunja Kanta, PO/Distt -Dhenkanal - 759 001	06762-226484 (O) zsbddenkanal2016@gmail.com
212.	4.	Ganjam (Berham-pur)	Secretary, Zila Sainik Board, AT/PO Berhampur, Ganjam- 760 004	0680-2292485 (O) zsbganjam2016@ gmail.com
213.	5.	Kalahandi (Bhawanip-atna)	Secretary, Zila Sainik Board Kalahandi At - Mahavirpada, PO - Bhawanipatna Kalahandi - 766001	06670-230110 (O) zsbkalahandi2016@ gmail.com
214.	6.	Sambalpur	Secretary, Zila Sainik Board, Sambalpur, Collectorate Building Sambalpur - 768 001	0663-2410154 (O) zsbsambalpur2016@ gmail.com
215.	7.	Keonjhar	Secretary, Zila Sainik Board, Keonjhar, Near Nizarat Section Collectorate Building, Keonjhargarh - 758001	06766-254652 (O) zsbkeonjhar2016@ gmail.com
216.	8.	Koraput	Secretary, Zila Sainik Board, Koraput, Sahid Laxman Nayak Bhawan, Koraput - 764020	06852-250144 zsbkoraput2016@gmail.com
PUNJAB				
217.	1.	Amritsar	District Defence Services Welfare Office, 52, Court Road, Opp GPO, Amritsar - 140 001	0183-2563102 dswo_asr@rediffmail.com

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218.	2.	Bathinda	District Defence Services Welfare Office, Civil Lines, Opp City Centre Mall, Bathinda	0164-2212612 sainikwelfarebti@rediffmail.com
219.	3.	Faridkot	District Defence Services Welfare Office Talwandi Road, Faridkot - 151 203	01639-250788 ddswfdk@rediffmail.com
220.	4.	Fatehgarh Sahib	District Defence Services Welfare Office, Shakti Sadan, Sainik Rest House, Behind Bachhat Bhavan Fatehgarh Sahib- 140407	01763-232287 fgsdsw010@rediffmail.com
221.	5.	Ferozepur	District Defence Services Welfare Office, Near Saragarhi Gurudwara Ferozepur	01632-246211 dsw0_fzr@rediffmail.com
222.	6.	Fazilka		
223.	7.	Gurdaspur	District Defence Services Welfare Office, Near Court Road, Gurdaspur	01874-247205 dswogsp.2011@rediffmail.com
224.	8.	Hoshiarpur	District Defence Services Welfare Office, Near Green View Park, Court Road Hoshiarpur - 146001	01882-222013 9419294884 dswohpr@rediffmail.com
225.	9.	Jalandhar	District Defence Services Welfare Office, Shastri Market Jalandhar	0181-2455423 dsw0_jal@rediffmail.com
226.	10.	Kapurthala	District Defence Services Welfare Office, Near Fawara Chowk Kapurthala	01822-232872 kapurthala.dsw0@rediffmail.com
227.	11.	Ludhiana	District Defence Services Welfare Office, Near Clock Tower, Ludhiana Pin - 141 001	0161-2741066 dsw0.ludhiana@rediffmail.com

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228.	12.	Mansa	District Defence Services Welfare Office Room No 37, First Floor, DC Complex Mansa - 151 505	01652-229181 dswo_mansa@rediffmail.com
229.	13.	Moga	District Defence Services Welfare Office, Room No. C-214,C-217 &C-218, District Administration Complex, Ferozepur Road Moga - 142001	01636-237488 dswo.moga@rediffmail.com
230.	14.	SAS Nagar	District Defence Services Welfare Office, Sainik Sadan, Phase-10, Sector-64, Near Silvi Park, SAS Nagar - 160062	0172 -2231065 ddswo_sas@rediffmail.com
231.	15.	Muktsar Sahib	District Defence Services Welfare Office, Near Haryali Petrol Pump, Bathinda Road, Sri Muktsar Sahib Pin - 152 026	01633-240701 dswo_mkts@rediffmail.com
232.	16.	Shahid Bhagat Singh Nagar	District Defence Services Welfare Office, 331, Friends Colony, Nawan Sharhar, SBS Nagar	01823-225075 dswo_nsr@rediffmail.com
233.	17.	Patiala	District Defence Services Welfare Office Gurdwara Dukh Niwan Sahib Road, Near Railway Station, Patiala - 147001	0175-2361188 dswo.patiala@rediffmail.com
234.	18.	Ropar	District Defence Services Welfare Office, Rupnagar, Near Old Bus Stand Rupnagar	01881-220324 dswo_rpr@rediffmail.com
235.	19.	Sangrur	District Sainik Welfare Office, Near Ranbir Club, Club Road Sangrur - 148 001	01672-234021 dswosangrur@rediffmail.com

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236.	20.	Taran Taran	District Defence Services Welfare Office, Near Police Line, Amritsar Road, Tarantaran	01852-227321 ddswott@rediffmail.com
237.	21.	Barnala	District Defence Services Welfare Office, District Administrative Complex, Rom No 87-89, Second Floor Handiaya Road Barnala - 148101	01679-230104 dswobarnala@rediffmail.com
238.	22.	Pathankot	District Defence Services Welfare Office, Pathankot DAC Complex Malikpur, R No 345, Pathankot	0186-2345789 ddswoptk@rediffmail.com
RAJASTHAN				
239.	1.	Ajmer	Adhikari Zila Sainik Kalyan Karyalaya, Sainik Vishram Grah Building. Opp Revenue Board, Ajmer - 305 001	0145-2627972 (O) 9869221000 (M) dsboardajmer@gmail.com
240.	2.	Alwar	Adhikari Zila Sainik Kalyan Karyalaya, Near Company Garden, Alwar	0144-2338527 (O) 9983992774 (M) skolw22@gmail.com
241.	3.	Barmer	Adhikari Zila Sainik Kalyan Karyalaya, New Railway Station, Barmer - 344 001	02982-221185 (O) 9414110528 (M) zska-bar-rj@nic.in
242.	4.	Bharatpur	Adhikari Zila Sainik Kalyan Karyalaya Near Gordhangate Bharatpur - 321 001	05644-223707 (O) 9897968855 (M) skobtp@gmail.com
243.	5.	Bikaner	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, Near Public Park, Bikaner - 334 001	0151-2226671 (O) 9414038854 (M) zska_bikrj@yahoo.in

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244.	6.	Bhilwara	Adhikari Zila Sainik Kalyan Karyalaya, C-221, Subhash Nagar, In Front of Reliance Office, Bhilwara	01482-265133 (O) 08442079444 (M) bhitorsainik2013@gmail.com
245.	7.	Churu	Adhikari Zila Sainik, Kalyan Karyalaya, Sainik Vishram Grah Building Churu - 331 001	01562-250948 (O) 7023000318 (M) zskachuru@yahoo.com
246.	8.	Chirawa	Adhikari Zila Sainik Kalyan Karyalaya, Chirawa, Behind Dalmia Ground, Chirawa, Jhunjhunu	01596-222880 (O) 9414431439 (M) sainik.chirawaz@gmail.com
247.	9.	Deedwana	Adhikari Zila Sainik Kalyan Karyalaya, Behind Jivan Bima Nigam, Sainik Vishram Grah Building, Deedwana Distt Nagaur - 341303	01580-223729 (O) 9462080940 (M) zska-nag-did-rj@nic.in
248.	10.	Jaipur	Adhikari Zila Sainik Kalyan Karyalaya, Sainik Vishram Grah Building Jai Singh Highway, Bani-Park, Jaipur - 302 006	0141-2201487 (O) 9461117195 zskajaipur@gmail.com
249.	11.	Jaisalmer	Adhikari Sainik Kalyan Karyalya, Jaisalmer, Near Railway Station, aisalmer	02992-250029 (O) 9413040796 (M) zska-jai-rj@nic.in
250.	12.	Jhunjhunu	Adhikari Zila Sainik Kalyan Karyalaya Juhnjhunu Near Railway Station Jhunjhunu	01592-232653 (O) 9441343976 (M) ikrarjnn@gmail.com

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251.	13.	Jodhpur	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, Rai Ka Bagh, Jodhpur 342-006	0291-2650372 (O) 9352355450 (M) zska-jod-rj@nic.in
252.	14.	Kota	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building, In front of Bhimrao Hospital Kota	0744-2323712 (O) 9412051057 (M) zska-kota@yahoo.com
253.	15.	Karauli	Adhikari Zila Sainik Kalyan Karyalaya Karauli, Sainik Nagar, Near Chungi Naka, Hindon Road, Karauli	07464-221734 (O) 9869221000 (M) zskakaroli2018@gmail.com
254.	16.	Nagaur	Adhikari Zila Sainik Kalyan Karyalaya Near Railway Station, Nagaur - 341 001	01582-240776 (O) 8554912324 (M) sainik.nagaur@gmail.com
255.	17.	Neem Ka Thana (Sikar)	Adhikari Zila Sainik Kalyan Karyalaya, Neem Ka Thana (Sikar)	01574-231920 (O) 8223815259 (M) zska-ntk@yahoo.com
256.	18.	Pali	Adhikari Zila Sainik Kalyan Karyalaya, Jaipur Highway Road Pali, Sojat Road, Pali - 301 406	02932-225230 (O) 7891426335 (M) zskkpali@yahoo.com
257.	19.	Behror	Adhikari Zila Sainik Kalyan Adhikari Behrod, (Alwar) Rajasthan	01494-222084 (O) 9899638571 (M) zskabehror@gmail.com
258.	20.	Shergarh	Adhikari Zila Sainik Kalyan Karyalaya, Shergarh (Jodhpur), Rajasthan	02929-243694 (O) 7042106047 (M) zskashergarh@rajasthan.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
259.	21.	Sikar	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building Near Collectorate, Sikar-332001	01572-254437 (O) 9446365900 (M) zskasikrj@gmail.com
260.	22.	Sri Ganganagar	Adhikari Zila Sainik Kalyan Karyalaya Lakkar Bazar, Sri Ganganagar (Rajasthan)	0154-2442547 (O) 9914438552 (M) zskksgrnr@gmail.com
261.	23.	Tonk	Adhikari Zila Sainik Kalyan Karyalaya 1/17, Housing Board Colony, Tonk	01432-245862 (O) 9783832223 (M) zskatonk04gmail.com
262.	24.	Udaipur	Adhikari Zila Sainik Kalyan Karyalaya Sainik Vishram Grah Building 21, Residency Road Udaipur - 313 001	0294-2411724 (O) 9462992198 (M) zska-uda-rj@nic.in
SIKKIM				
263..	1.	Gangtok East/North Sikkim	Zila Sainik Board, North/East Govt of Sikkim PS Road, Gangtok - 737 101	03592-201062 (O) zsbgtk@gmail.com
264.	2.	South Sikkim	Zila Sainik Board, (South) Govt of Sikkim, Namchi Pin-737126	03595-263003 (O) zsbnamchi12@gmail.com
265.	3.	West Sikkim	Zila Sainik Board, Gyalshing, Govt of Sikkim	03595-250067 (O) zsbgyz@gmail.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
TAMIL NADU				
266.	1.	Chennai	Assistant Director, Ex-Servicemen's Welfare Major Parames- waran Memorial Building, 2, West Mada Street Srinagar Colony, Saidapet Chennai Pin-600015	044-22350780 exwelchn@tn.gov.in
267.	2.	Coimbatore	Assistant Director, Ex-Servicemen's Welfare , Ex Services Centre, Huzur Road, Coimbatore 641 018	0422-2974107 exwelcbe@tn.gov.in
268.	3.	Cuddalore	Asst Director Ex-Servicemen's Welfare, Ex-Services Centre, No. 33.II Cross Street, Seetharam Nagar, Pudupalayam Cuddalore - 607 001	04142-220732 exwelcud@tn.gov.in
269.	4.	Dindigul	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Master Plan Complex Collectorate Dindigul-624 305	0451-2460086 exweldgl@tn.gov.in
270.	5.	Dharma Puri	Asst Director Ex-Servicemen's Welfare, No. H.49, Kalliappa Nivas, TNHB, Avvai Nagar, Otha- patti Dharmapuri- 636 705	04342- 297844 exweldpi@ tn.gov.in
271.	6.	Erode	Deputy Director Ex-Servicemen's Welfare Jawans Bhavan Gandhiji Road,(Near Manickam Theatre) Erode-638001	0423-2263227 exwelerd@tn.gov.in
272.	7.	Kancheepuram@ Tambaram, Chennai	Assistant Director Ex-Servicemen's Welfare No. 2, GST Road, Jeeva Commercial Complex Tambaram, Chennai-600 045	044-22262023 exwelkpm@tn.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
273.	8.	Kanyakumari	Assit Director Ex-Servicemen's Welfare Ex-services Centre & Shopping Complex, Railway Feeder Road, Kottar, Nagercoil-629002	04652-243515 exwelkkm@tn.gov.in
274.	9.	Krishnagiri	Assit Director, Ex-servicemen's Welfare, Ex-service's Centre, 433, Banglore Road, Krishnagiri- 635 001	04343-236134 exwelkgi@tn.gov.in
275.	10.	Madurai	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Near Madurai Jn, Railway Station, Rly. Colony Madurai - 625 016	0452-2308216 exwelmdu@tn.gov.in
276.	11.	Nagapattinam	Asst Director Ex-Servicemen's Welfare Gd Floor, Collecorate Complex, Nagapattinam-611002	04365-253042 exwelngp@tn.gov.in
277.	12.	Namakkal	Asst Director, Ex-Servicemen's Welfare R.D.O. Office Complex, Mohanur Road, Namakkal- 637 001	04286-233079 exwelnmk@tn.gov.in
278.	13.	Pudukottai	Asst Director Ex-Servicemen's Welfare Ex-Service Centre Kalyanaramapuram 1st Street Thirukokarnam P.O. Pudukottai Pin - 622 002	04322-221593 exwelpdk@tn.gov.in
279.	14.	Ramanathapuram	Duputy Director Ex-Servicemen's Welfare Ex-Service Centre, Master Plan Complex, Collectorate, Ramanathapuram Pin - 623503	04567-230045 exwelrmd@tn.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
280.	15.	Salem	Assistant Director District Ex-Servicemen's Welfare, Room No.307,3rd Floor Collectorate Complex, Salem, Pin - 636001	0427-2410903 exwelslm@tn.gov.in
281.	16.	Sivagangai	Asst Director Ex-Servicemen's Welfare Ex-Services Centre, Maruthupandiyar Nagar, Sivagnagai Pin - 623 560	04575-240483 exwelsvg@tn.gov.in
282.	17.	Thanjavur	Asst Director Ex-Servicemen's Welfare Ex-Servicemen Centre, Muthukumara, Moopannar Road, Opp. Head Post Office, Thanjavur-613001 (TN)	04362-230104 exweltnj@tn.gov.in
283.	18.	Nilgiris	Asst Director Ex-Servicemen's Welfare Ex-Service Centre Goods Shed Road, Udhagamandalam Pin - 643 001	0423-2444078 exwelnlg@tn.gov.in
284.	19.	Theni	Dupty Director Ex-Servicemen's Welfare II Floor, Collectorate Complex, Theni-625 531	04546-252185 exwelthn@tn.gov.in
285.	20.	Thoothukudi	Asst Director Ex-Servicemen's Welfare, Ex-Servicemen Centre, Toovipuram, 9th Street Thoothukudi Pin- 628 003	0461-2321678 exweltut@tn.gov.in
286.	21.	Tiruchirapalli	Asst Director Ex-Servicemen's Welfare, Ex-services Centre, 19-1, Warners Road Cantonment, Tiruchirapalli-620 001	0431-2410579 exweltry@tn.gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
287.	22.	Thirunalveli	Asst Director Ex-Servicemen's Welfare, Ex-Services Cen- tre, Palayamkottai, Tirunelveli - 627 002	0462-2560440 exweltnv@tn.gov.in
288.	23.	Thiruvallur	Asst Director Ex-Servicemen's Welfare No.6/25, Lal Bahadur Sastri Road, Periyakuppam Thiruvallur - 602 001	044-27663163 exweltr@tn.gov.in
289.	24.	Tiruvannamalai	Asst Director Ex-Servicemen's Welfare 1st Floor, Collectorate Complex Vengikkal, Tiruvannamalai Pin - 606 604	04175-233047 exwelm@tn.gov.in
290.	25.	Vellore	Asst Director Ex-Servicemen's Welfare Jawans Bhavan, Near Main Telephone Exchange, Vellore-632001	0416-2220432 exwelvel@tn.gov.in
291.	26.	Villupuram	Asst Director No 18/13, Chairman Chidambaram St, West Shanmugapuram Colony, Villupuram Pin - 605 602	04146-220524 exwelvpm@tn.gov.in
292.	27.	Virudhunagar @ Srivilliputhur	Asst Director Ex-Servicemen's Welfare, Ex-Services Centre 10, Periyaswamy Koil Street Srivilliputhur, 626125	04563-260382 exwelvnr@tn.gov.in
			TELANGANA	
293.	1	Adilabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Milk Chilling Centre Premises, Opp - Doordadarshan TV Station Adilabad - 504 001	08732-227063 (O) 9133355840 (M) zswoadb-ts@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
294.	2	Hyderabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Sainik Aramghar Complex, 2nd Floor, Suryanagar Colony, Somajiguda Hyderabad - 500 082	040-23423213 (O) 08499004450 zswohyd-ts@nic.in
295.	3	Karimnagar	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, Sainik Bhavan, Opp Revenue Club Karimnagar - 505 001	0878-2240622 (O) 09133355842 (M) zswoknr-ts@nic.in
296.	4	Khammam	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, H.No:10-4-22 Sai baba Temple lane, Mamillagudem, Khammam- 507102	08742-234888 (O) 09133355071 (M) zswokmm-ts@nic.in
297.	5	Mahabub-	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office 2nd Floor, Zila Paraja Parishath Mahabubnagar- 509 001	08542-223468 (O) 09908056298 zswombnr-ts@nic.innagar
298.	6	Sangareddy	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office Integrated Collectorate Complex, 2nd Floor, North West Block, Sangareddy Pin - 502 001	08455-276734 (O) 08499004450 (M) zswombnr-ts@nic.in
299.	7	Nalgonda	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office H.No:6-4-165 (New) Opp Nagarjuna Degree College, Ramgiri 'X' Rd Nalgonda - 508 001	08682-224820 (O) 09133355861 (M) zswonlg-ts@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
300.	8	Nizamabad	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office, H.No.6-2-424, Ground Floor Subhash Nagar Nizamabad - 503 002	08462-238509 (O) 09133300240 (M) zswonzb-ts@nic.in
301.	9	Ranga Reddy	Regional Sainik Welfare Officer, O/o Reginal Sainik Welfare Office 2nd Floor, Suryanagar Colony, Somajiguda, Hyderabad - 500 082	040-23392232 (O) 09133355852 (M) zsworr-ts@nic.in
302.	10	Warangal	Regional Sainik Welfare Office, O/o Reginal Sainik Welfare Office , Sainik Bhavan, Kanaka Durga Colony, Waddepally Warangal - 506 370	0870-2456018 (O) 09133355848 (M) zswowgl-ts@nic.in
UTTARAKHAND				
303.	1.	Almora	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya Chauganpata Almora - 263601 (UK)	05962-230246 05962-232210 (F) 9568344888 zskalmora-uk@gov.in
304.	2.	Bageshwar	Zila Sainik, Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Kanda Road, Bageshwar (UK)-263642	05963-220961 (O) 05963-221751 (F) 8172033354 zskbageshwar-uk@gov.in
305.	3.	Chamoli	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Gopeshwar Chamoli - 246 401	01372-252195 (O) 01372-251481 (F) 8979740114 zskchamoli-uk@gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
306.	4.	Champavat	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, District HQ, Champavat (U'Khand)	05965-230893 (O) 05965-230883 (F) 9412277441 zskchampawat-uk@gov.in
307.	5.	Dehradun	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya, Court Compound, Dehradun, Pin - 248 001	0135-2626091 (F) 9219696308, 0171240134 zskdehradun-uk@gov.in
308.	6.	Haridwar	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Roshanabad Haridwar - 249407	01334-250082 (O) 9720004118 zskharidwar-uk@gov.in
309.	7.	Lansdown (Pauri Garhwal)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Distt HQ, Lansdown - 246155	01386-262365 (O) 01386-263149 (F) 9456533283 zsklansdwne-uk@gov.in
310.	8.	Nainital (Haldwani)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya Haldwani Nainital Pin - 263 139	05946-281410 (O)/(F) 9971773155 zsknainital-uk@gov.in
311.	9.	Pauri (Garhwal)	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pauri Garhwal Pin - 246 001	01368-222335 (O) 01368-222399 (F) 9456533283 zskpauri-uk@gov.in
312.	10.	Pithoragarh	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Pithoragarh-01	05964-224185 (O) 05964-226771 (F) 9412277441 zskpithoragarh-uk @ gov.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
313.	11.	Rudraprayag	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya, Sachchidanand Nagar Badrinath Marg, Rudraprayag, (UK)-246 171	01364-233584 (O)/(F) 8057566197 zskrudraprayag-uk@ gov.in
314.	12.	Tehri Garhwal	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya New Tehri, Tehri (Garhwal) Pin- 249001	01376-232320 (O) 01376-234145 (F) 81126447790 zsktehri-uk@gov.in
315.	13.	Udhamsingh Nagar	Zila Sainik Kalyan Evam Punarvas Adhikari, Zila Sainik Kalyan Evam Punarvas Karyalaya Karyalaya Shopping Complex, Rudrapur Udhamsingh Nagar-263153	05944-250331 (O)/(F) 9968546393 zskusnagar-uk@gov .in
316.	14.	Uttarkashi	Zila Sainik Kalyan Evam Punarvas Adhikari Zila Sainik Kalyan Evam Punarvas Karyalaya District HQ, Uttarkashi - 249193	01374-222417 (O/F) 8126447790 zskuttarkashi-uk@gov.in
UTTAR PRADESH				
317.	1.	Agra	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Campus Agra - 282 001	0562-2260549 07839553205 zsaag-up@nic.in
318.	2.	Aligarh	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Parisar, Aligarh - 202001	0571-2401763 7839553206 zsaag-up @nic.in
319.	3.	Prayagraj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Infront of Lok Seva Aayog, Thorn Hill Road, Prayagraj- 211 001	0532-2548434 7839553207 zsaah-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
320.	4.	Ambedkar Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya Old Collectorate, Ambedkar Nagar - 224122	05271-246818 7839553208 zsaan-up@nic.in
321.	5	Amethi	Office being established	8765610974 zsaam-up@gov.in
322.	6.	Amroha	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compund, Amroha - 244 221	05922-252109 7839553245 zsajp-up@nic.in
323.	7.	Azamgarh	Zila Sainik Kalyan Evam Punarvas Karyalaya, Redaupur, Infront of SBI Main Branch Azamgarh - 276 001	05462-220820 7839553209 zsaaz-up@nic.in
324.	8.	Auraiya	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Campus Auraiya - 206246	7839553210 zsaau-up@nic.in
325.	9.	Badaun	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Psrishad, Near Zila Panchayat Gate Badaun - 243 601	05832-267122 7839553211 zsabd-up@nic.in
326.	10.	Bhadohi	Zila Sainik Kalyan Evam Punarvas Karyalaya, DM Collectorate Vill-Sarpataha Bhadohi - 221304	05414-251229 7839553212 zsasr-up@nic.in
327.	11.	Bagpat	Zila Sainik Kalyan Evam Punarvas Karyalaya, Court Road, Near Tehsil Bagpat - 262501	0121 - 2222843 7839553213 zsabg-up@nic.in
328.	12.	Bahraich	Zila Sainik Kalyan Evam Punarvas Karyalaya Mal Kachehari Bahraich - 271 801 (U P)	05252-234775 7839553215 zsabh-up@nic.in
329.	13.	Bijnore	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compund Bijnore - 246 701	01342-262994 zsabi-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
330.	14.	Balia	Zila Sainik Kalyan Evam Punarvas Karyalaya, NCC Tirha, Harpur Balia - 277 001	05498-240202 7839553216 zsabl-up@nic.in
331.	15.	Balrampur	Zila Sainik Kalyan Evam Punarvas Karyalaya Tehsil Sadar, Room No. 33 Second Floor , Balrampur -271201	05263-235086 7839553217 zsablp-up@nic.in
332.	16.	Banda	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Banda - 210 001	05192-285392 7839553218 zsabn-up@nic.in
333.	17.	Barabanki	Zila Sainik Kalyan Evam- Punarvas Karyalaya, Faizabad Road In Front of Judge Residence, Barabanki - 225 001	05248-222565 7839553219 zsabb-up@nic.in
334.	18..	Bareilly	Zila Sainik Kalyan Evam Punarvas Karyalaya Kachehari Parisar Bareilly - 243 001	0581-2421794 7839553220 zsambr-up@nic.in
335.	19.	Basti	Zila Sainik Kalyan Evam Punarvas Karyalaya Opp DM Office, Basti - 272 001	05542-246670 (O) 7839553221 zsabs-up@nic.in
336.	20.	Bulandshahar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Kachehri Road, Bulandshahr Pin - 203 001	05732-282562 (O) 7839553223 zsabu-up@nic.in
337.	21.	Chandauli	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Chandauli - 232104	05412-260700 (O) 07839553224 zsacd-up@nic.in
338.	22.	Chitrakoot	Zila Sainik Kalyan Evam Punarvas Karyalaya Zila Panchayat Compound Chitrakoot - 210205	05198-236475 7839553225 zsact-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
339.	23.	Deoria	Zila Sainik Kalyan Evam Punarvas Karyalaya , Near SP Office, Deoria Pin - 274 001	05568-222450 7839553226 zsade-up@nic.in
340.	24.	Etah	Zila Sainik Kalyan Evam Punarvas Karyalaya Collectorate Compound Etah - 207 001	05742-233753 7839553227 zsaet-up@nic.in
341.	25.	Etawah	Zila Sainik Kalyan Evam Punarvas Karyalaya Railway Station Road Etawah - 206001	05688-254167 7839553228 zsaew-up@nic.in
342.	26.	Ayodhya	Zila Sainik Kalyan Evam Punarvas Karyalaya Civil Line Ayodhya - 224 001	05278-222184 7839553229 zsafz-up@nic.in
343.	27.	Farrukhabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Infront of Stadium, Fatehgarh Pin - 209 601	05692-234659 7839553230 zsafr-up@nic.in
344.	28.	Fatehpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Near SP Office, Fatehpur -212 601	05180-224232 07839553231 zsaft-up@nic.in
345.	29.	Firozabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Suhag Nagar, Section-1, Firozabad - 283 203	05612-230944 07839553233 zsafi-up@nic.in
346.	30.	Gautambudh Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya Old Rajkeeya Degree College, Sector-19 'C' Block Gautambudh Nagar - 201301	0120-2544814 7839553234 zsagb-up@nic.in
347.	31.	Ghaziabad	Zila Sainik Kalyan Evam, Punarvas Karyalaya, Collectorate Compound, Raj Nagar Ghaziabad-201 001	0120-2822643 7839553235 zsaga-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
348.	32.	Ghazipur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Head Post Office , Ghazipur - 233 001	0548-2226671 07839553236 zsagp-up@nic.in
349.	33.	Gonda	Zila Sainik Kalyan Evam Punarvas Karyalaya, Ambedkar Nagar Chauraha Infront of Judge's Bunglow, Gonda Pin - 271 001 (UP)	05262-230038 07839553237 zsagn-up@nic.in
350.	34.	Gorakhpur	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Civil Lines, Gorakhpur Pin - 273 001	0551-2337643 07839553238 zsagr-up@nic.in
351.	35	Hamirpur	Zila Sainik Kalyan Evam, Punarvas Karyalaya, Infront of Police Office, Hamirpur-210 301	05282-222319 07839553239 zsahm-up@ nic .in
352.	36	Hapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate, Hpaur - 245101	8765610970 zsahap-up@nic.in
353.	37.	Hardoi	Zila Sainik Kalyan Evam, Punarvas Keryalaya, Hardoi, Near Cinema Chauraha, Hardoi- 241 001 (U P)	05852-234733 07839553240 zsahr-up@nic.in
354.	38.	Hathras	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectprate Compound, Hathras (UP) - 204121	05722-226245 07839553241 zsahp-up@nic.in
355.	39.	Jalaun	Zila Sainik Kalyan Evam Punarvas Karyalaya, Churkhi Road, Baghora Jalaun Pin-285 001	05162-252798 07839553242 zsajl-up@nic.in
356.	40	Jaunpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Jaunpur-222001	05452-261110 07839553243 zsaju-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
357.	41.	Jhansi	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Jhansi - 284 001	0510-2470049 07839553244 zsajh-up@nic.in
358.	42.	Kannauj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Near Block Office Sarai Meera Road Kannauj - 209721	05694-234071 07839553246 zsakj-up@nic.in
359.	43.	Kanpur Nagar	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Kanpur Nagar-208001	0512-2306648 07839553247 zsakn-up@nic.in
360.	44.	Kanpur Dehat	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Behind Vikas Bhavan, Collectorate Compound Kanpur Dehat, Pin - 208 001	05111-270465 07839553248 zsakd-up@nic.in
361.	45.	Kasganj	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Sorogate, Kasganj - 207173	05744-242001 07839553249 zsakr-up@nic.in
362.	46.	Kaushambi	Zila Sainik, Kalyan Evam Punarvas Karyalaya, Osa Manjanpur, Kaushambi - 212207	05331-235642 07839553250 zsaks-up@nic.in
363.	47.	Kheri	Zila Sainik Kalyan Evam Punarvas Karyalaya, Lakhimpur, Collectorate Compound, Kheri - 262701	05872-252757 07839553251 zsalk-up@nic.in
364.	48.	Kushinagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Ravinder Nagar Dhuse, Kushinagar - 274304	05564-246210 07839553262 zsaku-up@nic.in
365.	49.	Lalitpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Old Tehsil Lalitpur - 284403	0517-6277800 07839553252 zsala-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
366.	50.	Lucknow	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Bhawan, Kaiserbagh Lucknow - 226 001	0522-2622367 07839553254 zsalu-up@nic.in
367.	51.	Maharaj Ganj	Zila Sainik Kalyan Evam Punarvas Karyalaya, Mukhyalaya Collectorate Maharaj Ganj - 273 303	05523-223863 07839553255 zsamg-up@nic.in
368.	52.	Mahoba	Zila Sainik Kalyan Evam Punarvas Karyalaya, Pattaha Road, Near Power House Mahoba - 210 427	05281-244160 07839553256 zsamh-up@nic.in
369.	53.	Mainpuri	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Mainpuri Pin-205001	05672-234890 07839553257 zsamp-up@nic.in
370.	54.	Mathura	Zila Sainik Kalyan Evam Punarvas Karyalaya Near Civil Lines, Near Tehsil Mathura -281 001	0565-2471749 07839553258 zsamt-up@nic.in
371.	55.	Mau	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Building, Room No 7, Mau - 275 101	0547-2225816 07839553259 zsamb-up@nic.in
372.	56.	Meerut	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound Meerut - 250 001	0121-2644551 07839553260 zsame-up@nic.in
373.	57.	Mirzapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Pattaha Mirzapur - 231 001	05442-256372 07839553261 zsami-up@nic.in
374.	58.	Moradabad	Zila Sainik Kalyan Evam Punarvas Karyalaya, Katchari Road, Court Campus, Moradabad -244 001	0591-2412260 (O) 07839553253 zsamo-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
375.	59.	Muzaffar Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Malviya Chowk, Muzaffarnagar - 251001	0131-2437623 07839553263 zsamu-up@nic.in
376.	60.	Pilibhit	Zila Sainik Kalyan Evam Punarvas Karyalaya, New Tehsil, Room No 6 Pilibhit - 262 001	05882-258882 07839553264 zsapi-up@nic.in
377.	61.	Pratapgarh	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Office, Pratapgarh - 230 001	05342-220891 07839553265 zsapr-up@nic.in
378.	62.	Rampur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Parisar Rampur- 244901	0595-2350022 07839553266 zsara-up@nic.in
379.	63.	Raibareilly	Zila Sainik Kalyan Evam Punarvas Karyalaya, Sainik Bhawan, Near Collectorate Building Raibareilly - 229 001	0535-2203554 07839553267 zsarb-up@nic.in
380.	64.	Sant Kabir Nagar	Zila Sainik Evam Kalyan Punarvas Karyalaya, Collectorate Parisar Sant Kabir Nagar - 272175	05547-226778 07839553268 zsask-up@nic.in
381.	65.	Saharanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Railway Road , Saharanpur Pin - 247 001	0132-2643629 07839553269 zsasa-up@nic.in
382.	66.	Shahjahanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound Shahjahanpur - 242 001	05842-223005 07839553270 zsasj-up@nic.in
383.	67	Shamli	Zila Sainik Kalyan Evam Punarvas Karyalaya Rashtriya Kisan Inter College, Karnal Road, Shamli - 247776	8765610973 zsasham-up@nic.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
384.	68	Siddharth Nagar	Zila Sainik Kalyan Evam Punarvas Karyalaya, Tehsil Parisar, Siddharth Nagar-272 207	05544-220345 07839553271 zsasn-up@nic.in
385.	69.	Sitapur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Lalbag, Sitapur - 261001	05862-242055 07839553272 zsasi-up@nic.in
386.	70.	Sonbhadra	Zila Sainik Kalyan Evam Punarvas Karyalaya, Vikas Bhawan, Room-66 Sonbhadra Pin 231216	05444-223885 07839553273 zsaso-up@nic.in
387.	71.	Shravasti	Zila Sainik Kalyan Evam Punarvas Karyalaya, Raja Saheb Ki Choti Kothi (Anand Bhavan) , Post - Bhinga, Shravasti -271831	07839553274 zsasv-up@nic.in
388.	72.	Sultanpur	Zila Sainik Kalyan Evam Punarvas Karyalaya, Civil Lines, Tikunia Park, Sultanpur- 228 001	0536-240416 07839553275 zsasu-up@nic.in
389.	73.	Unnao	Zila Sainik Kalyan Evam Punarvas Karyalaya, In front of Railway Station Unnao - 209801	0515-2820544 07839553276 zsaun-up@nic.in
390.	74.	Varanasi	Zila Sainik Kalyan Evam Punarvas Karyalaya, Collectorate Compound, Varanasi - 221002	0542-2508254 (O) 07839553277 zsava-up@nic.in
WEST BENGAL				
391.	1.	Behrampore Distt Murshidabad (WB)	Secretary Zila Sainik Board, 7/A, Barrack Square, PO-Behrampore Murshidabad (WB)-742 101	03482-277459 9485103183 zsbmurishidabad@ yahoo.in

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
392.	2.	Burdwan	Secretary Zila Sainik Board, Sainik Bhavan, Barnoilpur Road, PO-Sripally, Distt-Burdwan -713 103	0342-2644782 9051368574 zsbbdn@yahoo.com
393.	3.	Dakshin Dinajpur + Uttar Dinajpur	Secretary Zila Sainik Board, Raghunathpur PO: Beltlala Park, Dakshin Dinanpur, West Bengal - 733 103	03522-258175 9433313068 secy.zsbdd-wb@gov.in zilasainikboarddd@gmail.com
394.	4.	Darjeeling	Secretary, Zila Sainik Board, Sainik Bhavan Kutchery Compound Darjeeling - 734 101	0354-2254056 zsb-d-wb@gov.in
395.	5.	Howrah +Hooghly	Secretary, Zila Sainik Board, 5th Floor, New Collectorate Building Howrah Pin - 711 101	033-26414694 9433787981 zsbhowrah@yahoo.in
396.	6.	Jalpaiguri	Secretary, Zila Sainik Board, Collectorate Complex Jalpaiguri Pin - 735101	03561-230848 9434358405 zsbjal@gmail.com
397.	7.	Kolkata	Secretary, Zila Sainik Board, Sainik Bhavan, 1/4, Acharya Jagdish Bose Road, Kolkata Pin-700020	033-22233893 8509767411 zsbkolkata@gmail.com
398.	8.	Malda	Secretary Zila Sainik Board, Malda Collectorate Building, PO + Dist -Malda Pin - 732101	03512-223546 9013814250 zsbmalda@yahoo.in
399.	9.	Midnapore Distt- East Midnapore + Rabindranagar West Mid- napore + Bankura + Purulia	Secretary, Zila Sainik Board, Sainik Bhavan PO + Dist- Paschim Midnapore, Pin - 721101	03222-275874 7259244837 zsb.midnapore@yahoo.com

G. SI. No	SI No.	Office/ District	Name, Designation & Address	Telephone No.
400.	10.	Nadia (Krishnagar)	Secretary Zila Sainik Board Administrative Building, PO- Krishnagar Dist- Nadia, Pin- 741101	03472-252287 (O) 8985775684 zsbndia@yahoo.com
401.	11.	24 Pgs (North)	Secretary, Zila Sainik Board, o/o. Minority Affairs Bhavan, West Banamalipur, PO- Barasat Dist-24 Pgs (North), Pin-743 201	033-25628538 (O) 8848121327 zsbbarasat@yahoo.in
402.	12.	Alipore, 24 Pgs (South)	Secretary, Zila Sainik Board, New Administrative Building, West Lobby (3rd Floor) PO- Alipore, Kolkata 700 027	033-24790542 8368018112 zsbalipore@yahoo.in
403.	13	Cooch Behar	Secretary, Zila Sainik Board, Sagar Dighi Square, Cooch Behar, West Bengal- 736101	03852-222196 zsbcob@gmail.com

MEMBERS OF KENDRIYA SAINIK BOARD

Sl.	DESIGNATION	TELEPHONE No.
PRESIDENT		
	Hon'ble Raksha Mantri	011-23012286
VICE PRESIDENT		
	Hon'ble Raksha Rajya Mantri	011-23792128 011-23794621
MEMBERS		
1	Hon'ble Chief Minister of Andhra Pradesh	040-23453212
2	Hon'ble Chief Minister of Arunachal Pradesh	0360-22124560 360-2212173
3	Hon'ble Chief Minister of Assam	0361-22622220 361-2237043
4	Hon'ble Chief Minister of Bihar	0162-2223886 0162-2224784
5	Hon'ble Chief Minister of Chhattisgarh	0771-2221000
6	Hon'ble Chief Minister of Delhi	011-23392020 011-23392030
7	Hon'ble Chief Minister of Goa	0832-2419841 0832-2411049
8	Hon'ble Chief Minister of Gujarat	079-23250074
9	Hon'ble Chief Minister of Haryana	0172-2749396 0172-2749409
10	Hon'ble Chief Minister of Himachal Pradesh	0177-2625400 0177-2625819
11	Hon'ble Lt. Governor, Jammu and Kashmir (UT)	0194-2452228 0194-2452224
12	Hon'ble Lt. Governor, Ladakh (UT)	01982-257440
13	Hon'ble Chief Minister of Jharkhand	0651-2281400 0651-2281500
14	Hon'ble Chief Minister of Karnataka	080-22253414
15	Hon'ble Chief Minister of Kerala	0471-2333812
16	Hon'ble Chief Minister of Madhya Pradesh	0755-2441033 0755-2441581
17	Hon'ble Chief Minister of Maharashtra	022-22025151 022-22029214
18	Hon'ble Chief Minister of Manipur	0385-2450137

19	Hon'ble Chief Minister of Meghalaya	0364-2224282 0364-2227913
20	Hon'ble Chief Minister of Mizoram	0389-2322150 0389-2322245
21	Hon'ble Chief Minister of Nagaland	0370-2270097
22	Hon'ble Chief Minister of Orissa	0755-2531100
23	Hon'ble Chief Minister of Punjab	0172-2740325 0172-2740769
24	Hon'ble Chief Minister of Rajasthan	0141-2227656
25	Hon'ble Chief Minister of Sikkim	03592-201575 03592-204710
26	Hon'ble Chief Minister of Tamil Nadu	044-25672345 044-24991222
27	Hon'ble Chief Minister of Telangana	040-23452933
28	Hon'ble Chief Minister of Tripura	0381-2324000 0381-2324003
29	Hon'ble Chief Minister of Uttarkhand	0135- 2650433 0135-2656177
30	Hon'ble Chief Minister of Uttar Pradesh	0522-2238388
31	Hon'ble Chief Minister of West Bengal	033-22145555
32	Hon'ble Chief Minister of Puducherry (UT)	0413-2333399
33	Shri Sangam Lal Gupta, MP (Lok Sabha)	9323619169
34	Smt Sarmistha Sethi, MP (Lok Sabha)	09861086270
35	Lt Gen (Dr) DP Vats (Retd), MP (Rajya Sabha)	9888006026, 8930200810
36	Chief of the Army Staff (MA to COAS)	011-23011633
37	Chief of the Naval Staff (NA to CNS)	011-23011642
38	Chief of the Air Staff (AA to CAS)	011-23012517
39	Secretary, Ministry of Home Affairs	011-23092989, 011-23093031
40	Secretary, Deptt of Defence, Ministry of Defence	011-23012380 011-23011976
41	Secretary (ESW), Ministry of Defence	011-23792913
42	R. Adm Satish Bajaj, AVSM, VSM (Retd.)	
43	Air. Vice Mshl SK Gagneja, VSM (Retd.)	
44	Lt. Col. Gurdip Singh Bhullar (Retd)	
45	Sub Balbeer Singh Azar (Retd)	
SECRETARY, KENDRIYA SAINIK BOARD		
	Brig Mrigendra Kumar, SM	011-26192361

MEMBERS OF THE MANAGING COMMITTEE OF ARMED FORCES FLAG DAY FUND			
Sl. No.	Name	Designation	Telephone No.
<u>CHAIRMAN</u>			
	Shri Rajnath Singh	Hon'ble Raksha Mantri	23012286 (O) 23019030
<u>VICE CHAIRMAN</u>			
	Shri Shripad Yeso Naik	Hon'ble Raksha Rajya Mantri	23792128 (O) 23016255 (F)
<u>MEMBERS</u>			
1.	General Manoj Mukund Naravane PVSM, AVSM, SM, VSM, ADC	COAS	23011633 (MA to COAS)
2.	Admiral Karambir Singh, PVSM, AVSM	CNS	23011642 (NA to CNS)
3.	Air Chief Marshal RKS Bhadoriya, PVSM, AVSM, YSM, VM, ADC	CAS	23012517 (AA to CAS)
4.	Dr Ajay Kumar, IAS	Defence Secretary	23011976 (O) 23010044 (F)
5.	Smt Gargi Kaul	Secretary (Def Fin)	23016654 (O) 23016629 (O)
6.	Shri Ravi Kant IAS	Secretary (ESW)	23792913 (O) 23792914 (F)
7.	Lt Gen Anup Banerji, SM, PHS	DG AFMS	23093331 (O) 33080 (Army)
8.	Shri Pudi Hari Prasad	JS (ESW)	23011804 (O) 23015933 (F)
9.	Maj Gen MK Sagoch	DG (R)	26192351 (O) 26192350 (F)
10.	Maj Gen JV Prasad	MD (ECHS)	25684846 (O)
11.	Maj Gen Bhaskar Kalita, YSM	GOC, Uttrakhand Sub Area	0135-2753092 (O) 0135-2655499 (F)
12.	DIG & Maj VS Thapa (Retd)	President, AIGEWA	0135-2744530 (O) 0135-2749436 (O)

<u>NON-OFFICIAL MEMBERS</u>			
13.	Lt Gen Sanjay Kulkarni, PVSM, AVSM, VSM , SM ,SC , (Retd)	Retired Officer	09650777827
14.	Vice Admiral Paras Nath, VSM (Retd)	Retired Officer	09818138963
15.	Air Marshal Jagjeet Singh, PVSM,VSM (Rted)	Retired Officer	09868940200 09910948444
16.	Mrs Anita Chopra W/o Air Vice Marshal Rakesh Chopra (Retd)	Lady Member	09818473470
<u>SPECIAL INVITEES</u>			
17.	Secretary, Ministry of Social Justice and Empowerment (GOI)		23382683
18.	Secretary, Ministry of I & B		23383857
19.	Secretary General, Indian Red Cross Society		23716424
20.	Director General, Confederation of Indian Industries (CII)		24629994-97 24633168 (F)
21.	Secretary Gen, FICCI		23728760
22.	Director General Employment & Training (E&T) (GoI)		23710239
23.	Managing Director, ESM Contributing health Scheme		23061438
<u>SECRETARY</u>			
24.	Secretary, KSB		26192361

MEMBERS OF THE EXECUTIVE COMMITTEE OF ARMED FORCES FLAG DAY FUND

SI No	Designation	Telephone No.
<u>CHAIRMAN</u>		
	Secretary (ESW), MoD	23792913 23792914
<u>MEMBERS</u>		
1.	JS (ESW)	23011804
2.	Director General (Resettlement)	26192350
3.	MD, ECHS	25684846
4.	Additional Financial Advisor to MoD (ESM)	23011250
5.	Additional DGAFMS	23093331
<u>SECRETARY</u>		
6.	Secretary, KSB	26192361

MISCELLANEOUS TELEPHONE NUMBERS		
AGI	:	26143757, 26142649
AFGIS	:	25694415, 25694068
NGIF	:	23010232
IESL	:	26113669, 26115435, 46068120
AFA	:	23792415, 23015769
NAVY Foundation	:	23782302, 23782303
AWWA	:	23018183, Escon-35150, 35149
AFWWA	:	24104681 (F), 26878099(T)
NWWA	:	23010980, 23011307
AWPO	:	25671552, 25675385, 25671552(HQ)
	:	25683109, 25687472 (Placement Cell)
INPA	:	24121687
IAFPC	:	25690233
QMG (D Canteen)	:	26182117
<u>CENTRAL DUTY OFFICERS</u>		
Army Headquarters	:	23011389
Naval Headquarters	:	23014167, 23010235
Air Headquarters	:	23010231
<u>EXCHANGE</u>		
Army Headquarters	:	23019989
Naval Headquarters	:	23014167
Air Headquarters	:	23010231
<u>CLUBS</u>		
Defence Service Offices Institute	:	25694081 to 25694085,
Army Golf Course	:	25691972, 25693830
United Service Institute of India	:	20862314, 20862321
<u>HOSTELS & MESSSES</u>		
Army Offices Mess, SP Marg	:	26111532, 26114824

Naval Offices Mess. Kota House	:	23782305, 43176900
'Varuna Naval Offices Mess	:	26147739
Aakash Air Force Offices Mess	:	23385772, 23385665, 23386499
Central Sainik Rest House	:	25777049
<u>MEDICAL</u>		
Army Hospital RR, Delhi Cantt	:	25693561-64,25693657
Base Hospital, Delhi Cantt	:	25693425
Armed Forces Dental Centre	:	23019401, 23016662
Armed Forces Clinic	:	23019406, 23019405
<u>RAILWAYS & MCOS</u>		
Central Enquiries	:	139
MCO Delhi Junction	:	23975310, 23962529
MCO New Delhi	:	23237980, 23237984
Railway Reservation, New Delhi	:	23341074
'Q' Move, Rail	:	
MCO Nizamuddin	:	24359120,24350338
<u>INDIAN AIRLINES</u>		
Indian Airlines Enquiries Palam	:	25675121- 22
Indian Airlines Safdarjung	:	24622220, 24619404



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KENDRIYA SAINIK BOARD

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